

# Third Rock From The Sun

**COPPER** KNOB  
STEPSHEETS

拍數: 56                      牆數: 4                      級數: Intermediate  
編舞者: Norma Adams (USA)  
音樂: Third Rock from the Sun - Joe Diffie



Dedicated to my teacher, Marsha Bailey

## 2 SYNCOPATED HOPS TO THE RIGHT, STEP ON THE RIGHT FOOT FOR COUNT 3, HITCH YOUR LEFT FOOT BEHIND YOUR RIGHT LEG ON COUNT 4, VINE TO THE LEFT

1&2&                      Begin on the right foot. Do 2 syncopated hops to the right (right, left, right, left).  
3                              Step on your right foot  
4                              Hitch your left foot(on an angle) behind your right leg  
5-8                          Vine to the left

## STEP FORWARD ON YOUR RIGHT FOOT AND QUARTER TURN TO THE LEFT, 2 SYNCOPATED HOPS TO THE RIGHT, STEP ON THE RIGHT FOOT, HITCH YOUR LEFT FOOT BEHIND YOUR RIGHT LEG, STEP ON YOUR LEFT FOOT AND HITCH YOUR RIGHT FOOT BEHIND YOUR LEFT LEG

9-10                        Step forward on your right foot and quarter turn to the left  
11&12&                      Begin on the right foot. Do 2 syncopated hops to the right (right, left, right, left)  
13                              Step on your right foot  
14                              Hitch your left foot behind your right leg  
15                              Step on your left foot  
16                              Hitch your right foot behind your left leg

## ROCK STEP FORWARD ON THE RIGHT AND RECOVER ON THE LEFT, SAILOR STEP, STEP FORWARD ON LEFT FOOT TURNING ½ TO THE RIGHT AS YOU HITCH YOUR RIGHT FOOT ON AN ANGLE IN FRONT OF YOUR LEFT KNEE, SHUFFLE FORWARD RIGHT, LEFT, RIGHT

17-18                        Rock forward on the right foot and recover on the left  
19-20                        Sailor step - right, left, right  
21-22                        Step forward on your left foot turning ½ to the right as you hitch your right foot on an angle in front of your left knee  
23-24                        Shuffle forward right, left, right

## STEP FORWARD ON THE LEFT FOOT AND BUMP YOUR LEFT HIP 2 TIMES, STEP FORWARD ON THE RIGHT FOOT AND BUMP YOUR RIGHT HIP 2 TIMES, STEP FORWARD ON LEFT FOOT TURNING ½ TO THE RIGHT AS YOU HITCH YOUR RIGHT FOOT ON AN ANGLE IN FRONT OF THE LEFT KNEE, ROCK FORWARD ON THE RIGHT FOOT AND RECOVER ON LEFT

25-26                        Step forward on the left foot and bump your left hip 2 times  
27-28                        Step forward on the right foot and bump your right hip 2 times  
29-30                        Step forward on the left foot turning ½ to the right as you hitch your right foot on an angle in front of the left knee  
31-32                        Rock forward on the right foot and recover on the left

## LINDY STEP TO THE RIGHT (SHUFFLE RIGHT, LEFT, RIGHT AND ROCK BACK ON LEFT RECOVER ON RIGHT) LINDY STEP TO THE LEFT (SHUFFLE LEFT, RIGHT, LEFT AND ROCK BACK ON THE RIGHT RECOVER ON THE LEFT)

33-36                        Lindy step to the right (shuffle right, left, right and rock back on the left foot recover on the right)  
37-40                        Lindy step to the left (shuffle left, right, left and rock back on the right foot recover on the left)

**ROCK FORWARD ON THE RIGHT (SLIGHT ANGLE TO THE RIGHT) RECOVER LEFT, ROCK FORWARD ON THE RIGHT (SLIGHT ANGLE TO THE RIGHT) RECOVER LEFT, JAZZ BOX (2 BEATS OF IT) STARTING WITH THE RIGHT FOOT FOLLOWED BY A TRIPLE STEP (RIGHT, LEFT, RIGHT) ON BEATS 3 AND 4 OF THE BOX. ROCK FORWARD ON THE LEFT (SLIGHT ANGLE TO THE LEFT) RECOVER RIGHT, ROCK FORWARD ON THE LEFT (SLIGHT ANGLE TO THE LEFT) RECOVER RIGHT, JAZZ BOX (2 BEATS OF IT) STARTING WITH THE LEFT FOOT FOLLOWED BY A TRIPLE STEP (LEFT, RIGHT, LEFT) ON BEATS 3 AND 4**

41-42            Rock forward on the right foot (slight angle to the right) recover left. (sway)  
43-44            Rock forward on the right foot (slight angle to the right) recover left. (sway)  
45-48            Jazz box (2 beats of it) starting with the right foot then a triple step (right, left, right) on beats 3 and 4 of the box.  
49-50            Rock forward on the left foot (slight angle to the left) recover right. (sway)  
51-52            Rock forward on the left foot (slight angle to the left) recover right. (sway)  
53-56            Jazz box (2 beats of it) starting with the left foot then a triple step (left, right, left) on beats 3 and 4 of the box

**REPEAT**

**TAG**

**On the third wall, do only one rock forward and back step on the left foot before the jazz box. This is near the end of the dance**

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