

Third Rock

拍數: 56 牆數: 4 級數:
編舞者: Gordon Elliott (AUS)
音樂: Third Rock from the Sun - Joe Diffie



- 1-4 Jump feet apart, jump feet together, jump feet apart, jump feet together
- 5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left
9-10 Step right forward, pivot ½ turn turning left
11-12 Stomp right together, clap
- 13&14 Shuffle forward right-left-right
15&16 Shuffle forward left-right-left
17-18 Step right forward, pivot ½ turn turning left
19-20 Stomp right together, clap
- 21-22 Step right to side, hold
23 Hitch left knee and slap (inside of left knee with right hand in an upwards motion)
24 Slap inside of left knee with right hand in a downward motion
- 25-26 Step left to side, hold
27 Hitch right knee and slap (inside of right knee with left hand in an upwards motion)
28 Slap inside of right knee with left hand in a downward motion
- 29-30 Step right forward at 45 degrees, left together and clap
31-32 Step left forward at 45 degrees, right together and clap
33-34 Step right forward at 45 degrees, left together and clap
35-36 Step left forward at 45 degrees, right together and clap
- 37&38 Kick right ball change right-left
39&40 Kick right ball change right-left
- 41-42 Step right to side, slap left behind right with right hand
43-44 Step left to side, slap right behind left with left hand
- 45-46 Touch right forward, touch right toe back
47 Pivot turning ½ turn right (keeping weight on left foot)
48 Hook right up to left knee
- 49-52 Step right forward, kick left, step back left, touch right back
- 53-54 Step forward right, lock left behind right
55-56 Turning ¼ turn right step right forward, stomp left together

REPEAT
