

# Third Rock

拍數: 32      牆數: 4      級數: Advanced  
編舞者: Gretchen Kramer  
音樂: Third Rock from the Sun - Joe Diffie



## RIGHT AND LEFT TOE HEELS

1-2            Touch right toe to side, touch right heel forward  
3-4            Step together right foot, touch left heel forward  
5&            Touch left toe to side, step left foot together  
6&            Touch right toe to side, touch right heel forward  
7-8            Step right together with left, touch left heel forward

## LEFT TOE BACK & ¼ LEFT, MORE TOE AND HEELS, THEN KNEE SWIVELS

9-10           Touch left toe back, turn ¼ left taking weight on left,  
11&12        Touch right heel forward, step right together, touch left toe to side,  
13&14        Touch left heel forward, step left together, touch right toe to side,  
15-16        Knee swivel in & out

## ¼ RIGHT, ROCK BACK LEFT & FORWARD RIGHT, SHUFFLE

17-18        Step right while turning ¼ right, touch left together  
19-20        Rock back on left lifting right foot, rock forward on right.  
21&22        Shuffle forward left,  
23-34        Step forward right, pivot ½ left shifting weight to left (a.k.a. Military turn)

## SHUFFLE RIGHT AND LEFT, FORWARD RIGHT, ½ TURN LEFT, AND ¾ TURN LEFT

25&26        Shuffle forward right  
27&28        Shuffle forward left,  
29-30        Step forward right, pivot ½ military turn left,  
31-32        Step forward right and pivot ¾ to left, step left

## REPEAT

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