

Things

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Things - Robbie Williams



TOE TOUCH BEHIND, HOLD, STEP TURN ¼ RIGHT, HOLD, SLOW LEFT COASTER, HOLD

1-2 Touch right toe behind left foot, hold
3-4 Step on to right foot, making ¼ right, hold
5-6 Step left foot back, step right foot back
7-8 Step left foot forward, hold

RIGHT LOCK STEP, HOLD, KICK LEFT, STEP LEFT, STEP RIGHT, HOLD

9-12 Step right foot forward, lock left foot behind right, step right foot forward, hold
13-16 Kick left foot forward, step left foot down, step right next to left, hold

TOE BEHIND, HOLD, STEP ½ TURN LEFT, HOLD, FORWARD MAMBO ROCK, HOLD

17-18 Touch left toe behind, hold
19-20 Turn ½ turn left, stepping weight on to left foot, hold
21-22 Rock forward on right, rock back on left
23-24 Step right back to place, hold

STEP LEFT, HOLD FOR 3 COUNTS, RIGHT TOE, HEEL, TOE, STEP (TOWARDS LEFT)

25-28 Step left foot a long step to left, hold for 3 counts (26, 27, 28)
29-30 Touch right toe (with knee pointing left), dig right heel forward
31-32 Touch right toe next to left foot, step right foot next to left

Counts 29-32 are danced with right foot gradually approaching left foot

STEP LEFT, HOLD, PIVOT ¼ RIGHT, HOLD, LEFT ROCKING CHAIR (FORWARD & BACK)

33-34 Step left forward, hold
35-36 Pivot a ¼ turn right, stepping onto right, hold
37-38 Rock forward on left, step back onto right
39-40 Rock back on left, step forward onto right

STEP LEFT, HOLD, PIVOT ¼ RIGHT, HOLD, LEFT ROCK (FORWARD), RECOVER, HOOK RIGHT

41-42 Step left forward, hold
43-44 Pivot ¼ turn right, stepping onto right, hold
45-46 Rock forward on left, step back onto right
47-48 Rock back on left, hook right foot in front of left shin

RIGHT TOE STRUT, LEFT TOE STRUT, JAZZ BOX ¼ TURN RIGHT, SCUFF

49-50 Touch right toe forward, drop right heel down
51-52 Touch left toe forward, drop left heel down
53-54 Cross right over left, step back left
55-56 Step on to right foot, making ¼ turn right, scuff left next to right

LEFT CROSS STRUT, RIGHT SIDE STRUT, JAZZ BOX TURNING ¼ RIGHT, POINT RIGHT TO SIDE

57-58 Touch left toe across right, drop left heel down
59-60 Touch right toe out to right side, drop right heel down
61-62 Cross left over right, step back on right, making ¼ turn right
63-64 Step left foot down, point right toe to right side

REPEAT

