

Things

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Adrian Churm (UK)
音樂: Things - Robbie Williams



WEAVE RIGHT AND LEFT

- 1&2& (QQQQ) Step right foot to the side, step left behind right, step right foot to the side, step left in front of right
3&4 (QQS) Step right foot to the side, replace weight onto left foot, step right in front of left
5&6& (QQQQ) Step left foot to the side, step right behind left, step left foot to the side, step right in front of left
7&8 (QQS) Step left foot to the side, replace weight onto right foot, step left in front of right

SWAY, TWO SAILOR STEPS, HEEL TURN ¼

- 1-2 (SS) Step right foot to the right side (sway to right), replace weight onto left (sway back to center)
3&4 (QQS) Step right behind left, step left foot to the side, step right foot to right side
5&6 (QQS) Step left behind right, step right foot to the side, step left foot to left side
7-8 (SS) Step right foot back allowing left foot to draw up to right foot, with feet together make a ¼ turn left on both heels

LOCK STEPS FORWARD, SYNCOPATED ROCK HALF TURN, SHUFFLE HALF TURN

- 1&2 (QQS) Step right foot forward, cross left behind right, step right foot forward
3&4 (QQS) Step left foot forward, cross right behind left, step left foot forward
5&6 (QQS) Step right foot forward & across left, rock back onto left foot and make a half turn right, step forward with right foot
7&8 (QQS) Make a quarter turn right and step left foot to the left side, close right foot to left, make a quarter turn right and step left foot back

LOCK STEPS BACK, COASTER STEP, ROCK FORWARD & TOUCH

- 1-2 (SS) Step right foot back, cross left foot in front of right
3&4 (QQS) Step right foot back, cross left foot in front of right, step right foot back
5&6 (QQS) Step left foot back, close right to left, step left foot forward
7&8 (QQS) Step right foot forward, rock back onto left, touch right foot next to left

REPEAT