

Thing's We Said!

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Dave "The Rave" Blake (UK)
音樂: Things We Said Today - Dwight Yoakam



HEEL-BALL-CROSS VINE RIGHT 2 STEPS CRISS-CROSS (TRAVELING RIGHT)

1& Right heel touch forward, step right back to place
2 Cross left foot over right taking weight
3& Right heel touch forward, step right back to place
4 Cross left foot over right taking weight
5 Step right foot to right side
6& Step left foot behind right, step right foot behind left
7& While bringing your left foot forward
8 Quickly cross right foot over left foot

HEEL-BALL-CROSS VINE LEFT 2 STEPS CRISS-CROSS (TRAVELING LEFT)

1& Left heel touch forward, step left back to place
2 Cross right foot over left taking weight
3& Left heel touch forward, step left back to place
4 Cross right foot over left taking weight
5 Step left foot to left side
6& Step right foot behind left, step left foot behind right
7& While bringing your right foot forward
8 Quickly cross left foot over right foot

¼ TURN RIGHT, RIGHT SHUFFLE ½ PIVOT, LEFT SHUFFLE ¼ PIVOT

& Make a ¼ turn right
1&2 Shuffle forward on right left right
3-4 Step forward on left foot pivot ½ turn right
5&6 Shuffle forward on left right left
7-8 Step forward on right foot pivot ¼ turn left

HEEL SWITCHES, KICK KICK, BACK PIVOT, BODY ROLL/THRUST

1&2 Place right heel forward, bring back in place, while left heel goes forward
& Bring back in place
3-4 Kick right foot forward twice
5-6 Step back on right foot, back pivot ½ turn right
7-8 Forward body roll with hip thrusts (2 counts)

HEEL SWITCHES, KICK KICK, BACK PIVOT, BODY ROLL/THRUST

1&2 Place left heel forward, bring back in place, while right heel goes forward
& Bring back in place
3-4 Kick left foot forward twice
5-6 Step back on left foot, back pivot ½ turn left
7-8 Forward body roll with hip thrusts (2 counts)

BACK PIVOT ½ TURN, FORWARD PIVOT ½ TURN, TOE POINTS, TOUCH

1-2 Touch right toe back, pivot ½ turn right
3-4 Step left foot forward, pivot ½ turn right
5&6 Touch left toe to left bring back to place, touch right toe to right
&7 Bring back to place, touch left heel forward

&8

Bring left back to place, touch right toe next to left

REPEAT
