They Don't Know



拍數: 32 牆數: 4 級數: Improver

編舞者: Audrey Watson (SCO)

音樂: They Don't Know - Tracey Ullman



FORWARD ROCK & CROSS HOLD, 1/4 TURN KICK, BEHIND & CROSS

1-2 Rock forward on right, recover back on left

&3-4 Small jump back on right, cross left over right, hold & click fingers at shoulder height or clap

hands

5-6 On balls of feet twist ¼ right, kick left foot forward

7&8 Cross left behind right, step right to right side, cross left over right

RIGHT ROCK, BEHIND 1/4 TURN STEP, FORWARD ROCK, 1/2 TURN SHUFFLE

1-2 Rock right out to right side, recover on left

3&4 Cross right behind left, turn ¼ left stepping forward on left, step forward on right

5-6 Rock forward on left, recover back on right 7&8 ½ turn shuffle left stepping left, right, left

CROSS HOLD & HEEL HOLD & CROSS HOLD & HEEL HOLD. (OPTIONAL HAND MOVEMENTS)

1-2 Cross right over left, hold for a beat. (hands crossed in front at wrist)

Step back on left, touch right heel forward, hold for a beat. (hands out to sides palm up)
Step right next left, cross left over right, hold for a beat. (hands crossed in front at wrist)
Step back on right, touch left heel forward, hold for a beat. (hands out to sides palm up)

CROSS ROCK, CHASSE ¼ TURN, STEP PIVOT ½ TURN, SHUFFLE FORWARD

&1-2 Step left next right, cross right over left, recover back on left

3&4 Step right to right side, step left next right, turn ½ right stepping forward on right

5-6 Step forward on left, turn ½ turn right

7&8 Shuffle forward on left, right, left. (can be replaced by a full triple turn left)

REPEAT

TAG

At the end of wall 5 ROCKING CHAIR

1-2 Rock forward on right, recover back on left3-4 Rock back on right, recover forward on left