

These Nights (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Improver partner dance
編舞者: William Sevone (UK)
音樂: Nights Like These - The Lynns



Position: Wrap position, man in slight Shadow formation

BOTH

1&2 (Body facing forward) left diagonal shuffle to the left (left, right, left)
3-4 Step right foot to side, rock onto left foot
On counts 5-8 change wrap position from right to left, with man moving to right of lady
5&6 (Body facing forward) right diagonal shuffle to the right (right, left, right)
7-8 Step left foot to side, rock onto right foot

On counts 9-16 man takes up shadow position (with hands still held, but by sides)

MAN: TURN ½ RIGHT - WITH ROCK/PADDLE STEPS

9-12 Rock onto - left foot, right foot (release hands), left foot, right foot - now in 'shadow' position (rejoin hands)
13-16 Left foot, right foot, left foot, right foot, (turning slightly with each rock)

LADY: TURN ½ RIGHT - WITH ROCK/PADDLE STEPS

9-12 Rock onto left foot, step onto right foot (release hands), turn ½ right on ball of right foot
13-16 Rock onto left foot - now leading partner (rejoin hands), right foot, left foot, right foot, left foot, (turning slightly with each rock)

On counts 17-22, keep arms bent slightly upwards with hands still joined

MAN

17-18 Step forward onto left foot, rock back onto right foot
19 Step left foot next to right
20-21 Step backwards onto right foot, rock forward onto left foot
22 Step right foot next to left

LADY

17-18 Step back onto right foot, rock forward onto left foot
19 Step right foot next to left
20-21 Step forward onto left foot, rock backwards onto right foot
22 Step left foot next to right

On counts 23-39 release hands and place to sides or behind back

MAN: STEP FORWARD ONTO LEFT FOOT - TURNING ¼ LEFT

24-25 Step right foot to side, rock onto left foot
26-27 Rock onto right foot, rock onto left foot
28 Rock onto right foot
29 Step backward onto left foot - turning ¼ right

MAN: RIGHT GRAPEVINE - WITH DIAGONAL ROCK/STEP TO RIGHT:

30-33 Step right foot to side, step left foot behind right, step right foot to side, rock/step left foot diagonally right
34 Rock back onto right foot

MAN: LEFT GRAPEVINE - WITH DIAGONAL ROCK/STEP TO LEFT:

35-38 Step left foot to side, step right foot behind left, step left foot to side, rock/step right foot diagonally left
39 Rock back onto left foot

LADY

23 Step back onto right foot - turning ¼ left
24-25 Step left foot to side, rock onto right foot
26-27 Rock onto left foot, rock onto right foot
28 Rock onto left foot

29 Step forward onto right foot - turning $\frac{1}{4}$ right

LADY: LEFT FULL TURN ROLLING GRAPEVINE - WITH DIAGONAL STEP BACK:

30-33 Step onto left foot -with $\frac{1}{4}$ turn to right, spin on ball of left foot $\frac{1}{2}$ turn to right, step onto right foot - with $\frac{1}{4}$ turn to right, (weight now on left foot), rock/step right foot diagonally back

34 Rock forward onto left foot

LADY: RIGHT FULL TURN ROLLING GRAPEVINE-WITH DIAGONAL STEP BACK:

35-38 Step onto right foot -with $\frac{1}{4}$ turn to left, spin on ball of right foot $\frac{1}{2}$ turn to left, step onto left foot - with $\frac{1}{4}$ turn to left, (weight now on right foot) rock/step left foot diagonally back

39 Rock forward onto right foot

On counts 40-48, hands are joined by sides

MAN

40 Step right foot to side

MAN: TURN $\frac{1}{2}$ RIGHT - WITH ROCK/PADDLE STEPS:

41-44 Rock onto - left foot, right foot (release hands), left foot, right foot - now in 'shadow' position (rejoin hands)

45-48 Left foot, right foot, left foot, right foot, (turning slightly with each rock)

LADY

40 Step left foot to side

LADY: TURN $\frac{1}{2}$ RIGHT - WITH ROCK/PADDLE STEPS:

41-44 Rock onto right foot, step onto left foot (release hands), turn $\frac{1}{2}$ right on ball of left foot

45-48 Rock onto right foot - now leading partner (rejoin hands), left foot, right foot, left foot, right foot, (turning slightly with each rock)

REPEAT

Counts 9-16 and 41-48 are not paddle steps (left foot forward, pivot on right, etc.) But if you feel more comfortable doing paddle steps, then please feel free to do so
