

These Moments

拍數: 48 牆數: 2 級數: Intermediate/Advanced
編舞者: Alan Birchall (UK) & The Burntwood Crew
音樂: I Could Not Ask for More - Sara Evans



CROSS PRESS, RECOVER, SWEEP, SAILOR, STEP, ½ PIVOT, TRIPLE TURN

- 1-2 Making 1/8th turn left cross press right over left, recover on left
3&4 Sweeping right around left, step left to left, step right in place straightening to face 12:00
5-6 Step forward on left, ½ pivot right
7&8 Make ½ turn right stepping back on left, make ½ turn right stepping forward on right, step forward on left (6:00)

DIAGONAL LOCK STEP, CROSS MAMBO ¼ TURN, FULL TRIPLE TWICE

- 9&10 Step right to right diagonal, lock left behind right, step right to right diagonal
11&12 Step left to left diagonal, lock right behind left, step left to left diagonal
13&14 Rock right over left, recover on left, making ¼ right step forward on right (3:00)
&15 Make ½ turn right stepping back on left, make ½ turn right, stepping forward on right
&16 Make ½ turn right stepping back on left, make ½ turn right, stepping forward on right (3:00)

CROSS ROCK, SIDE, CLOSE, SIDE,, CROSS, POINT, 1 ¼ MONTEREY TURN

- 17-18 Cross rock left over right, recover on right
19&20 Step left to left, right by left, step left to left
21-22 Cross right over left, point left to left
23-24 Make 1¼ turn left while stepping left next to right (6:00)

Alternative:

- 23-24 Cross left behind right, slowly unwind 1 ¼ (6:00)

SWAYS, BEHIND, SIDE, CROSS, CROSS UNWIND TWICE, ½ TRIPLE TURN

- 25-26 Stepping right to right sway hips right, sway hips left
27&28 Cross right behind left, step left to left, cross right over left
29 Cross left over right, unwind ½ turn right (12:00)
30 Cross right behind left, unwind ½ turn right (6:00)
31&32 Make ½ triple turn right stepping left, right, left (12:00)

SAILOR STEP, BEHIND, SIDE, CROSS, ½ SHUFFLE TURN, CROSS SHUFFLE

- 33&34 Cross left over right, step right to right, cross left over right
35&36 Cross right behind left, step left by right, step right by left
37-38 Make ¼ turn left stepping back on right, make ¼ turn left stepping left by right
39&40 Cross right over left, step left to left, cross right over left

STEP, DRAG, FULL TRIPLE TURN, CROSS ROCK, RECOVER, FULL TRIPLE TURN

- 41-42 Take a big step to left, drag right to touch right by left
4&44 Make full triple turn right stepping right, left, right (6:00)
45-46 Cross rock left over right, recover on right
47&48 Make full triple turn left stepping left, right, left (6:00)

REPEAT