

These Boots!

拍數: 0 牆數: 2 級數: Intermediate
編舞者: Harold Grimshaw (UK)
音樂: These Boots Are Made for Walkin' - Billy Ray Cyrus



Sequence: AAB, AABB, AAB

PART A

RIGHT VINE AND SCUFF, LEFT JAZZ BOX & SCUFF

1-4 Step right to right side, step left behind right, step right to right side, scuff left heel forward
5-8 Cross-step left over right, step back on right, step left to left side, scuff right heel forward

RIGHT JAZZ BOX & SCUFF, HEEL, HOLD, TOE, HOLD

9-12 Cross-step right over left, step back on left, step right to right side, scuff left heel forward
13-16 Left heel forward, hold, left toes back, hold

LEFT VINE AND SCUFF, JAZZ BOXES WITH SCUFFS, HEEL, HOLD, TOE, HOLD

17-32 Repeat steps 1-16 starting with left vine (ending with right toes back in hold position)

PART B

STOMP, HEEL, HOOK, HEEL, STOMPS, HOLD

1-4 Stomp right next to left, right heel forward, hook right across left, right heel forward
5-8 Stomp right next to left, stomp forward on left, stomp forward on right, hold

STOMP, HEEL, HOOK, HEEL, STOMPS, HOLD

9-16 Repeat steps 1-8 starting with left stomp (ending with weight forward on left in hold position)

SIDE STEPS WITH TOUCHES

1-4 Step right to right side, touch left toes next to right, step left to left side, touch right toes next to left

STOMPS FORWARD WITH HOLDS

1-8 Stomp right forward, hold for three beats, stomps forward on left, right, left; hold

STOMP/STEPS, PIVOT/KICKS, (COMPLETING ½ TURN RIGHT)

1-4 Stomp right next to left, kick right forward 3 times (as you pivot 1/8 right on ball of left)
5-8 Step right next to left, kick left forward 3 times (as you pivot 1/8 right on ball of right)
9-12 Step left next to right, kick right forward 3 times (as you pivot 1/8 right on ball of left)
13-16 Step right next to left, kick left forward 3 times (as you pivot 1/8 right on ball of right)

KNEE POPS WITH HOLDS

1-4 Stepping left to left side, pop right knee; hold for three beats
5-8 Dropping weight onto right, pop left knee; hold for three beats
9-12 Dropping weight dropping weight onto right, pop left knee; hold onto left, pop right knee; hold
13-16 Transferring weight, pop knees (right, left, right); hold