

These Boots

拍數: 0 牆數: 4 級數: Improver
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音樂: These Boots Were Made For Walkin' - Jessica Simpson



Sequence: AB, AB, A, TAG, AA, BB, AA

PART A

WALK LEFT, RIGHT, MAMBO FORWARD, STEP BACK, TOUCH, SWIVEL ½ LEFT

1-2 Left foot walk forward, right foot walk forward
3&4 Left foot rock forward & right foot take weight, left foot step backward
5-6 Right foot walk back, left foot touch back
7&8 Right foot & left foot swivel heels right, left, right, ½ turn left

WALK BACKWARD LEFT, RIGHT, COASTER STEP, CROSS AND HEEL, CROSS AND HEEL

1-2 Left foot walk backward, right foot walk backward
3&4 Left foot step backward, right foot step beside left foot, left foot step forward
5&6 Right foot cross over left foot, left foot step diagonal backward, right foot heel diagonal forward
&7&8 Right foot in place, left foot cross over right foot, right foot step diagonal backward, left foot heel diagonal forward

KICK, SLIDE HEEL, BEHIND, SIDE CROSS, SIDE, TOGETHER, ¼ LEFT, FULL TRIPLE TURN

&1 Left foot step beside right foot, right foot kick slightly to left in front of left foot
2 Right foot big step to the right, left foot heel to left
3&4 Left foot drag heel behind right foot, right foot step to right, left foot cross in front right foot
5&6 Right foot step to right, left foot step next to right foot, right foot step forward ¼ left
7&8 Triple full turn left (left, right, left)

HEEL, HOOK, HEEL, FLICK, BRUSH, HITCH, STEP, ¼ RIGHT CLAP, ¼ RIGHT CLAP, COASTER STEP

1&2 Right foot heel forward, right foot hook in front of left foot shin, right foot heel forward
&3&4 Right foot flick to right, right foot brush next to left foot, right foot hitch knee, right foot step forward
5 Left foot step to left, ¼ turn right (bend knees and clap on upper legs)
6 Turn on both feet ¼ right, weight left foot while straighten legs and clap high
7&8 Right foot step backward, left foot step beside right foot, right foot step forward

PART B

TOE STRUT JAZZ BOX, TOE, HEEL STEP, TOE, HEEL, STEP

1&2& Left foot touch over right foot, step down, right foot touch back, step down
3&4& Left foot touch beside, step down, right foot touch forward, step down
5&6 Left foot touch toe forward, heel forward, step down
7&8 Right foot touch toe forward, heel forward, step down

WALKIN TURN, KICKBALL OUT

1-2 Left foot cross over right foot, begin full turn right, right foot walk forward, ½ right
3-4 Left foot cross over right foot, right foot walk forward, ½ right(end of full turn)
5&6 Left foot kick forward, left foot step to left, right foot step to right

APPLEJACKS, ½ TURN, ½ TURN, COASTER STEP

- 1&2& Right foot swivel heel in, left foot swivel toe out, swivel both feet in center, right foot swivel toe to right, left foot swivel heel in, both feet in center
- 3&4& Right foot swivel heel in, left foot swivel toe out, swivel both feet in center, right foot swivel toe to right, left foot swivel heel in
- 5-6 Right foot ½ turn right, step forward, left foot ½ turn right, step backward
- 7&8 Right foot step backward, left foot step beside right foot, right foot step forward

TAG

- 1-8 Dance the first 8 counts (section 1) of PART B
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