

There Ain't No Ten

拍數: 32 牆數: 2 級數: Intermediate contra dance
編舞者: George Deves (UK)
音樂: Numbers - Bobby Bare



HEEL DIG, HEEL DIG, ROCK RECOVER ROCK ¼ TURN LEFT

- 1-2 Step right to right side, step left heel diagonally forward left
- 3-4 Step left to left side, step right heel diagonally forward right
- 5-6 Rock back on right, rock recover on left
- 7-8 Step forward on right, rock ¼ turn left onto left

¼ TURN LEFT SAILOR, STEP, ¼ TURN LEFT, ¼ TURN RIGHT, STEP

- 9-10 Step right behind left, step left ¼ turn left
- 11-12 Step right in place beside left, step left forward
- 13-14 Step right ¼ turn left, step left beside right
- 15-16 Step right ¼ turn right, step left in place beside right

STEP POINT, STEP POINT, KICK BALL CHANGE, STEP & TOUCH & STEP

- 17-18 Point right to right side (leaning shoulder left), step right behind left
- 19-20 Point left to left side (leaning shoulder right), step left behind right
- 21&22 Kick right forward, step right in place, step left in place
- 23&24 Step forward right, touch left behind right, step forward right

STEP TURN, STEP, POINT, CROSS, UNWIND, SWIVEL HIPS RIGHT & LEFT

- 25-26 Step forward left, swivel ½ turn right
- 27-28 Step forward left, point right to right side
- 29-30 Cross right over in front of left, unwind ½ turn left
- 31-32 Swivel hips right, swivel hips left (clicking fingers if desired)

REPEAT
