Theme For Bratz

拍數: 32

級數: Beginner straight rhythm

編舞者: William Sevone (UK)

音樂: Ooooh Fashion - Bratz

FORWARD, RECOVER,2X BEND 'N' KICK, BACKWARD, RECOVER (12:00) 1-2 Step forward onto right, recover onto left 3-4 (Stepping right next to left) bend knees, straightening up, kick left instep diagonal right 5-6 (Stepping left next to right) bend knees, straightening up, kick right instep diagonal left Counts 3-6 are moving slightly backward 7-8 Step backward onto right, recover onto left

Use arms on counts 3-6 to add 'flavour'

FORWARD, ½ PIVOT, DIAGONAL SIDE-HITCH TURN-BACKWARD-HITCH TURN-BACKWARD, ¼ LEFT, TOUCH (3:00)

- 9-10 Step forward onto right, pivot ½ left (weight on left)
- 11 Bending slightly at knees, step right to right side (body turned to 10:30)
- 12 Hitch left knee, straightening up, turn to face 1:30 (knee still raised)
- 13 Bending slightly at knees, step slightly backward onto left (body still facing 1:30)
- 14 Hitch right knee, straightening up, turn to face 10:30 (knee still raised)
- 15 Bending slightly at knees, step slightly backward onto right (body still facing 10:30)
- 16 Turning ¼ left (to face 9:00), touch left toe next to right

Use arms on counts 12-15 to add 'flavour'

HITCH ¼ LEFT, FORWARD, 6X FORWARD 'SASSIES' (12:00)

- 17-18 Hitch left knee & turn ¼ left, step slightly forward onto left
- The following 6 forward steps are short with the knees and toes turned slightly inward, 'sassy' style
- 19-24 Step forward: right, left, right, left, right, left,

3X HITCH 'N' SWEEP-TOGETHER, HITCH 'N' SWEEP ¼ LEFT, TOGETHER (9:00)

25-26 Hitching right knee, sweep (knee) diagonally right, step together

27-28 Hitching left knee, sweep (knee) diagonally left, step together

29-30 Hitching right knee, sweep (knee) diagonally right, step together

On balls of feet, turn body with sweeps

31-32 Hitching left knee, sweep (knee) ¼ left, step together

Use arms on counts 25-32 to add 'flavour'

REPEAT





牆數:4