That's What I'm Doing

級數: Improver

編舞者: Mikael Mölsä (FIN)

拍數: 28

音樂: These Days - Rascal Flatts

Start the dance 8 counts after the first beat, 2 counts before the lyrics start. This dance was 3rd in Berlin **Open 2003**

ROCK-N-CROSS, ROCK-N-CROSS, SHUFFLE FORWARD, SYNCOPATED ½ TURN

- 1&2 Rock right to side, recover on left, step right over left
- 3&4 Rock left to side, recover on right, step left over right
- 5&6 Shuffle forward right-left-right
- 7&8 Step left forward, turn 1/2 to right, step left forward

COASTER STEP, TURN-BEHIND-TURN, TURN-BEHIND-TURN, SYNCOPATED ¾ TURN

- 1&2 Step right back, step left next to right, step right forward
- 3&4 Turn ¼ to right while stepping left to side, step right behind left, turn ¼ to left while stepping left forward
- 5&6 Turn ¼ to left while stepping right to side, step left behind right, turn ¼ to right while stepping right forward
- 7&8 Step forward on left, turn 1/2 to right, turn 1/4 to right while stepping left to side

ROCK-N-SIDE, WEAVE, ¼ TURNING STEPS, COASTER STEP

- Rock back on right, recover on left, step right to side 1&2
- 3&4 Step left behind right, step right to side, step left over right
- 5&6 Turn ¹/₄ to left while stepping right back, step left back, step right back
- 7&8 Step left back, step right next to left, step left forward

ROCK-N-CROSS, ROCK-N-CROSS THAT TURNS 1/4 TO RIGHT

- 1&2 Rock right to side, recover on left, step right over left
- 3&4 Rock left to side, recover weight on right and turn 1/4 to right, step left forward

REPEAT





牆數:4