

That's What I Need

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lesley Clark (SCO)
音樂: That's What I Get - BR5-49



Start on the word "Years", 16 counts from when the beat kicks in

TOE, HEEL, TOE, HEEL, CHASSE RIGHT, ROCK, RECOVER

1-2 Touch right toe next to left foot, touch right heel to side
3-4 Repeat 1-2

Swivel left heel right and left on toe-heel touches

5&6 Step right to side, step left next to right, step right to side
7-8 Rock left foot back, recover onto right

TOE, HEEL, TOE, HEEL, CHASSE LEFT, ROCK, RECOVER

1-2 Touch left toe next to right foot, touch left heel to side
3-4 Repeat 1-2

Swivel right heel left and right on toe-heel touches

5&6 Step left to side, step right next to left, step left to side
7-8 Rock right foot back, recover onto left

STEP ½ STEP, CLAP, STEP ½ STEP, CLAP

1-2 Step right forward, turn ½ left (weight on left)
3-4 Step right forward, clap
5-6 Step left forward, turn ½ right (weight on right)
7-8 Step left forward, clap

ROCK, RECOVER, ½ SHUFFLE, FULL TURN, LEFT SHUFFLE

1-2 Rock right forward, recover onto left
3&4 Side shuffle turning ½ right stepping right, left, right
5-6 Turn ½ right and step left foot back, turn ½ right and step right foot forward

Easy option: walk left, right

7&8 Shuffle forward left stepping left, right, left

ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, ¼ CHASSE LEFT

1-2 Rock right forward, recover onto left
3&4 Step right back, step left next to right, step right forward
5-6 Rock left forward, recover onto right
7&8 Side shuffle turning ¼ left stepping left, right, left

CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, CHASSÉ RIGHT

1-2 Cross right over left, step left to side
3-4 Step right behind left, step left to side
5-6 Rock right forward, recover onto left
7&8 Chassé side stepping right, left, right

CROSS, SIDE, BEHIND, SIDE, ROCK, RECOVER, CHASSÉ LEFT

1-2 Cross left over right, step right to side
3-4 Step left behind right, step right to side
5-6 Rock left forward, recover onto right
7&8 Chassé side stepping left, right, left

ROCK, RECOVER, COASTER STEP, STEP TURN ½ RIGHT, STOMP, CLAP

- 1-2 Rock right forward, recover onto left
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Step left forward, turn ½ right (weight on right)
- 7-8 Stomp left foot forward, clap

REPEAT

TAG

On wall 4, dance up to count 32 and restart the dance
