

That's The Way

拍數: 64 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: That's the Way I Like It - KC and the Sunshine Band



2X SIDE ROCK-ROCK-CHASSE, (12:00)

1-2 Rock step right foot to right side, rock onto left foot
3&4 Step right foot to right side, step left foot to right side, step right foot to right side
5-6 Rock step onto left foot, rock onto right foot
7&8 Step left foot to left side, step right foot to left side, step left foot to left side

ROCK FORWARD, ROCK, ¼ RIGHT CHASSE, ¼ RIGHT ROCK FORWARD, ROCK, ¼ LEFT CHASSE, (3:00)

9-10 Rock forward onto right foot, rock onto left foot
11&12 Turn ¼ right & step right foot to right side, step left foot to right side, step right foot to right side
13-14 Turn ¼ right & rock forward onto left foot, rock onto right foot
15&16 Turn ¼ left & step left foot to left side, step right foot to left side, step left foot to left side

¼ RIGHT SIDE ROCK, ROCK, CHASSE, ROCK FORWARD, ROCK, ¼ LEFT CHASSE, (9:00)

17-18 Turn ¼ right & rock step right foot to right, rock onto left foot
19&20 Step right foot to right side, step left foot to right side, step right foot to right side
21-22 Rock forward onto left foot, rock onto right foot
23&24 Turn ¼ left & step left foot to left side, step right foot to left side, step left foot to left side

¼ LEFT ROCK FORWARD, ROCK, ¼ RIGHT CHASSE, ¼ RIGHT SIDE ROCK, ROCK, LEFT CHASSE, (12:00)

25-26 Turn ¼ left & rock forward onto right foot, rock onto left foot
27&28 Turn ¼ right & step right foot to right side, step left foot to right side, step right foot to right side
29-30 Turn ¼ right and rock step left foot to left side, rock onto right foot
31&32 Step left foot to left side, step right foot to left side, step left foot to left side

SIDE STEP, ½ LEFT SIDE STEP, CROSS STEP, UNWIND ½ LEFT, 2X SAILOR STEP, (12:00)

33-34 Step right foot to right side, turn ½ left & step left foot to left side
35-36 Cross step right foot over left, unwind ½ left (weight on right foot)
37&38 Cross step left foot behind right, step right foot next to left, step left foot to left side
39&40 Cross step right foot behind right, step left foot next to right, step right foot to right side

ROCK FORWARD, ROCK, SHUFFLE BACKWARD, STEP BACKWARD, TURN ½ LEFT STEP FORWARD, SHUFFLE FORWARD, (6:00)

41-42 (Leaning backward) rock forward onto left foot, rock onto right foot
43&44 Step backward onto left foot, close right foot next to left, step backward onto left foot
45-46 Step backward onto right foot, turn ½ left & step forward onto left foot
47&48 Step forward onto right foot, close left foot next to right, step forward onto right foot

ROCK FORWARD, ROCK, 2X DIAGONAL FORWARD SHUFFLE, 2X DIAGONAL FORWARD STEP, (12:00)

49-50 (Leaning backward) rock forward onto left foot, rock onto right foot
51&52 Turn ½ left & (moving diagonal, left) step forward onto left foot, close right foot next to left, step forward onto left foot

53&54 (Moving diagonal, right) step forward onto right foot, close left foot next to right, step forward onto right foot

55-56 Step left foot diagonally forward left, step right foot diagonally forward right

2X DIAGONAL KICK-TOUCH BACK, ¼ RIGHT SIDE STEP, CROSS ROCK, ROCK, SIDE STEP, (3:00)

57-58 Kick left foot diagonally forward right, touch left toe diagonally backward left

59-60 Kick left foot diagonally forward right, touch left toe diagonally backward left

Counts 57-60: purely optional - swing arms, as if kicking a ball

61-62 (Dropping left heel to floor) turn ¼ right & step right foot to right side, cross rock left foot over right

63-64 Rock onto right foot, step left foot to left side

REPEAT

DANCE FINISH

The dance will finish during the music fade on count 32 of the 5th wall. To finish dance facing 'home' just add the following after count 32 -

1-2 Turn ¼ left & step forward onto right foot with (optional) right hand on hat brim and left behind back
