

That Was Then

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Scott Schrank (USA)
音樂: That Was Then - Jesse McCartney



SIDE STEP LEFT, SYNCOPATED JAZZ BOX, CROSS, ¼ STEP, ½ PIVOT, & TOUCH, & TOUCH

- 1-2 Step left foot side left, cross right foot over left
&3 Step left foot back, step right foot next to left about shoulder width apart (weight the right)
&4 Cross left foot over right, step right foot out ¼ turn to right
5-6 Step left foot forward, pivot ½ turn right on ball of both feet (weight the right)
&7 Hitch left foot slightly up next to right, on balls of both feet, push with left 1/8 turn right
&8 Hitch left foot slightly up next to right, on balls of both feet, push with left 1/8 turn right

You are back to the starting wall

CROSS, ROCK STEP, STEP, ¼ TURN RIGHT, FULL TURN RIGHT, CROSS ROCK STEP

- &1-2 Hitch left foot up, step left foot slightly in front of right foot, rock right foot to right
&3 Recover weight back to left, cross right foot over left
4 Step left foot back making ¼ turn right (weight the left)
5&6 Make full turn right stepping right-left-right (3:00)
7&8 Rock left foot over right, recover weight to right, step left foot left

Easier option the full turn right

- 5&6 Side step right foot right, step left foot next to right, side step right foot right

STEP, STEP, CROSS ROCK RECOVER, CROSS ROCK, WALK AROUND

- &1 Step right foot small step diagonally left, step left foot small step diagonally left
2&3 Rock right foot diagonally left, recover weight to left, step right foot right squaring to wall
4&5 Rock left over right, recover weight to right, step left foot ¼ turn to left
6-7 Walk in a semi-circle 1/2 turn left (right-left)

ROCK TURN CROSS, KICK WEAVE POINT, TOUCH, SYNCOPATED WEAVE, HEEL JACK, CROSS

- 8&1 Rock right foot right making ¼ turn right, recover weight to left, cross right foot over left
2&3 Kick left foot left, step left behind right, step right foot right
&4 Step left foot over right, point right toe right
5-6 Touch right toe next to left instep, step right foot right
&7 Step left foot behind right, step ball of right slightly back
&8 Tap left heel diagonally left, bring left foot home
&1 Cross right over left, step left foot left (note: count 1 is the first count of dance)

REPEAT

TAG

After the second wall, there is an 8 count tag. Do the following one time only

- 1-2-3 Step left foot left, cross rock right foot over left, recover weight to left
4&5 Step right foot right, step left foot next to right, step right foot right
6-7 Rock left foot over right, recover weight to right
8&1 Step left foot left, step right foot next to left, step left foot left (count 1 is first count for next wall)