

That Good That Bad

拍數: 64 牆數: 4 級數: Improver
編舞者: Tracie Lee (AUS)
音樂: That Good That Bad - Mark Chesnutt



SLOW CHARLESTON

1-4 Touch right toe forward, hold, step back onto right, hold
5-8 Touch left toe back, hold, step forward onto left, hold

RIGHT HEEL/TOE STRUT, STEP, HOLD, ½ PIVOT, HOLD, TOGETHER, HOLD

1-4 Step right heel forward, drop right toes down, step left forward, hold
5-8 Pivot ½ turn right taking weight to right, hold, step left beside right, hold

ROCK SIDE RIGHT REPLACE, CROSS, HOLD, ROCK SIDE LEFT, REPLACE, CROSS HOLD

1-4 Step/rock right to right side, replace weight to left, step right across left, hold
5-8 Step/rock left to left side, replace weight to right, step left across right, hold

BACK RIGHT, LOCK LEFT, BACK RIGHT, HOLD, BACK LEFT, LOCK RIGHT, BACK LEFT, HOLD

1-4 Step back on right at right diagonal, step left across right, step back on right, hold
5-8 Step back on left at left diagonal, step right across left, step back on left, hold

ROCK BACK RIGHT, FORWARD LEFT, FORWARD RIGHT, BACK LEFT, RIGHT SLOW COASTER STEP

1-4 Step/rock back on right, rock forward onto left, step/rock forward onto right, rock back onto left
5-8 Step right back, step left beside right, step right forward, hold

STEP FORWARD, ½ PIVOT, STEP FORWARD, HOLD, STEP FORWARD ½ PIVOT, STEP FORWARD, HOLD

1-4 Step left forward, pivot ½ turn right, step left forward, hold
5-8 Step right forward, pivot ½ turn left, step right forward, hold

STEP FORWARD, ¼ PIVOT, STEP FORWARD, HOLD, POINT SIDE, TOGETHER, POINT SIDE, HOLD

1-4 Step left forward, pivot ¼ turn right, step left forward, hold
5-8 Touch right toe to right side, touch right toe beside left, touch right toe to right side, hold

Restarts are here

SLOW SAILOR STEPS TWICE

1-4 Step right behind left, step left to left side, step right to right side, hold
5-8 Step left behind right, step right to right side, step left to left side, hold

REPEAT

RESTART

On walls 2 and 6, you will dance up to count 56 and restart