

That Cat Is High!

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Intermediate straight rhythm
編舞者: Bob Izral (USA)
音樂: That Cat Is High - Manhattan Transfer



2 VAUDEVILLES

Lean upper body right on the left kick (count 3), lean upper body left on the right kick (count 7)

- 1-4 Cross left over right, step right to side, kick left diagonally forward-left, step left backward
5-8 Cross right over left, step left to side, kick right diagonally forward-right, step right backward

WALK, WALK, START CHARLESTON

- 1-4 Walk left forward, hold, walk right forward, hold

Lean upper body back on the touch forward (count 5)

- 5-8 Touch left toe forward swinging arms left, hold, step left backward swinging arms right, hold
Shake "jazz hands" (fingers separated) on the right wall when they sing "hands all flabby."

FINISH CHARLESTON, STEP FORWARD, TURN ¼ RIGHT

Lean upper body forward on the touch backward (count 1)

- 1-4 Touch right toe backward swinging arms left, hold, step right forward swinging arms right, hold
5-8 Step left forward, hold, pivot ¼ right (weight on right), hold

CROSS, TOUCH, SUGARFOOT SWIVELS

- 1-4 Cross left over, hold, touch right toe next to left instep, hold
5 Touch right heel next to left instep and swivel left toe to the right
6 Touch right toe next to left instep and swivel left heel to the right
7-8 Repeat counts 5 and 6

Easy option for counts 5-8: omit left foot swivel action and touch right foot heel-toe-heel-toe

KICKS AND WEAVES

As if circling a clock face on the wall in front of you, circle hands in front of body clockwise from 6:00 to 12:00 to 6:00 (counts 1-4)

- 1-4 Kick right diagonally forward-right, cross right behind, step left to side, cross right over left
Circle hands in front of body counterclockwise from 6:00 to 12:00 to 6:00 (counts 5-8)
5-8 Kick left diagonally forward-left, cross left behind, step right to side, cross left over right

STEP, STEP, 3 KNEE POPS: RIGHT-LEFT-RIGHT

- 1-4 Step right slightly forward, hold, step left slightly forward (no weight, left knee bent), hold
Move hands at sides of body as if walking (counts 5-6-7, hold on 8)
5-6 Pop right knee forward and left knee backward, pop left knee forward and right knee backward
7-8 Pop right knee forward and left knee backward, hold

4 TOE STRUTS BACKWARD

Hands at sides, move hands down on 1-2-3-4-5-6-7-8, but snap fingers only on 2-4-6-8. Body slightly crouched

- 1-2 Step right toe backward, lower right heel and snap fingers
3-4 Step left toe backward, lower left heel and snap fingers
5-8 Repeat counts 1-4

COASTER STEP, INTOXICATED CROSS WALKS

- 1-4 Step right backward, step left next to right foot, step right forward, hold

5-8 Step left across right swinging hands left, hold, step right across left swinging hands right, hold

REPEAT

BIG FINISH

Facing 12:00, the band stops on count 5, freeze with right foot crossed over left. Point to dancer next to you when she says "Well, I know that cat is high." Shake jazz hands when they sing "Yeah."
