

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Margaret Swift (UK)  
音樂: T.G.I.F. - Lonestar



---

## WALK, WALK, POINT FLICK, CROSS BACK TURN BRUSH

1-2      Step forward right step forward on left  
3-4      Point right to right side, flick right heel up to right  
5-6      Cross right over left, step back on left  
7-8      Turn  $\frac{1}{4}$  right stepping forward on right, brushing left forward

## SHUFFLE, STEP TOUCH, WALK BACK TWICE, TRIPLE $\frac{1}{2}$ TURN

1&2      Step forward left, close right to left, step forward left  
3-4      Step forward right, touch left toe behind right heel  
5-6      Step back on left, step back right  
7&8      Triple  $\frac{1}{2}$  turn left over left shoulder, stepping - left, right, left

## CHASSE STEP BACK, KICK, CROSS TURN $\frac{1}{4}$ STEP BACK POINT

1&2      Step right to right side, close left to right, step right to right side  
3-4      Step back diagonally on left, kick right forward  
5-6      Cross right over left, turn  $\frac{1}{4}$  right stepping back on left  
7-8      Step back on right, point left to left side

## CROSS POINT, CROSS POINT, CROSS BACK, TRIPLE $\frac{1}{2}$ TURN LEFT

1-2      Cross left over right, point right to right side  
3-4      Cross right over left, point left to left side  
5-6      Cross left over right, step back on right  
7&8      Triple  $\frac{1}{2}$  turn over left shoulder, stepping - left, right, left

## HEEL HOLD, TOE HOLD, STEP HOLD $\frac{1}{4}$ TURN LEFT HOLD

12&      Right heel forward, hold, step right next to left  
3-4&      Point left toe back, hold, step left next to right  
5-6      Step forward right, hold  
7-8      Pivot  $\frac{1}{4}$  turn left, hold

## RIGHT SHUFFLE, LEFT SHUFFLE, STEP $\frac{1}{2}$ PIVOT LEFT, KICK BALL CHANGE

1&2      Step forward on right, close left next to right, step forward on right  
3&4      Step forward on left, close right next to left, step forward on left  
5-6      Step forward on right, pivot  $\frac{1}{2}$  turn left  
7&8      Kick forward on right, step right next to left, step left next to right

**REPEAT**

---