

T.F.M. Cha Cha

拍數: 64 牆數: 4 級數: Advanced
編舞者: Thomas O'Dwyer (AUS)
音樂: Loved Too Much - Ty Herndon



- 1-2 Step left forward, slide right together
3&4 Step left forward, step right forward into ½ turn pivot turn left, replace weight to left
5-6 Step right forward, slide left together
7&8 Step right forward, step left forward into ½ turn pivot turn right, replace weight to right
- 1-2& Step left forward making ¼ turn right, flick right behind left knee, step right beside left
3& Tap left heel forward at 45 degrees left, step left beside right
4& Scuff ball of right forward at 45 degrees right, sweep right in circular movement to under left knee making a ¼ turn left on the ball of left
5&6 Shuffle forward right-left-right
7-8 Step left forward, ½ turn pivot turn right (end weight on right)
- 1&2 Shuffle forward left-right-left making ½ turn right
3&4 Making a ¼ turn right shuffle to side right-left-right
5-6 Cross left behind right, unwind ¾ turn left (end weight on left)
7&8 Kick right across left at 45 degrees left (low kick just skimming floor) step back slightly on right, step on left across in front of right
- 1-2 Touch right toe across left foot at 45 degrees left, slide right foot to right side (end weight on right)
3&4 Step left across in front to right, step right to right side, step left forward making ¼ turn left
5-6 Step forward on right. On ball of right make ½ turn right & step back on left
7&8 Make 540 degrees turn right stepping right-left-right (beats 5-8 equal 2 full turns to right)
- 1-2 Step left to left side, flick/kick right forward at 45 degrees right
&3-4 Step right behind left, step left to left side turning ¼ turn left, step forward on right
5-6 Hitch left leg, make ½ turn left on ball of heel of right keeping leg in hitch position
7&8 Step back on left, step right together, step forward on left (coaster)
- 1-2 Step forward on right, hold
&3&4 On ball of right make ¼ turn right, shuffle to left side left-right-left
5& Flick right heel behind left knee, step right beside left
6& Tap left heel forward at 45 degrees left, step left beside right
7&8 Tap right heel forward at 45 degrees right, step right beside left, step left across in front of right
- 1-2 Stepping right to right turn ¼ turn left, on ball of right make ½ turn left stepping forward left
3&4 Shuffle forward right-left-right
5-6 Stomp left slightly forward, hold
&7&8 Swivel both heels left, center, left, center
- 1-2 Step forward on right, rock back onto left
3&4 Step right-left-right in place making a 1 ½ turn right
5-6 Step left forward, rock back onto right
7-8 Cross left behind right, unwind ¾ turn left (end weight on right)

REPEAT
