Texas, Fast And Slow!



拍數: 96 牆數: 1 級數: Intermediate

編舞者: Jill Boxtel (AUS)

音樂: That's Right (You're Not from Texas) - Lyle Lovett



16 count intro, dance starts on the word "say"

SLOW TEMPO

STEP-LOCK-STEP, STEP-LOCK-STEP, PIVOT HALF TURN LEFT

1-2-3 Step forward on right, lock/step left behind right, step forward on right
4-5-6 Step forward on left, lock/step right behind left, step forward onto left
7-8 Step forward on right, stepping 180' pivot turn left step onto left

BALL-STEP, HOLD, CROSS, HOLD, BACK, SIDE, HALF TURN, DRAG FEET TOGETHER

&1-2-3-4 Step right in place, step left in place, hold, cross right over left, hold

5-6-7-8 Step left back, step right to right side, half turn right stepping left to left, drag right to left feet

together to face right diagonal (weight on left)

TOE STRUT, TOE STRUT, ROCK FORWARD, ROCK BACK

1-2-3-4 On the right diagonal, touch right toe in front, drop right heel, touch left toe in front, drop left

heel

5-6-7-8 On the right diagonal, rock forward on right, replace left, rock back on right, replace left

TOE STRUT, TOE STRUT, CROSS UNWIND, HOLD

1-2-3-4 On the right diagonal, touch right toe in front, drop right heel, touch left toe in front, drop left

heel

5-6-7-8 Cross right over left to unwind 45' to front & half turn left, drop heels, feet together (weight on

left), hold

STEP-LOCK-STEP, STEP-LOCK-STEP, PIVOT HALF TURN LEFT

1-2-3 Step forward on right, lock/step left behind right, step forward on right 4-5-6 Step forward on left, lock/step right behind left, step forward onto left 5-8 Step forward on right, stepping ½ pivot turn left step onto left

BALL-STEP, HOLD, CROSS, HOLD, BACK, SIDE, TOGETHER, HOLD

&1-2-3-4 Step right in place, step left in place, hold, cross right over left, hold 5-6-7-8 Step left back, step right to right side, step left beside right, hold

STEP FORWARD, LOCK STEP, SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK, COASTER STEP

1-2-3&4 Step forward on right, lock/step left behind right, shuffle forward right, left, right

5-6-7&8 Rock forward on left, rock back on right, step left back, step right beside left, step forward on

left

TOUCH RIGHT TO RIGHT, TOUCH LEFT TO LEFT, CROSS UNWIND, HOLD

1-2 Touch right toe to right, turning body to right diagonal, step down on right foot, turn body back

to front

3-4 Touch left toe to left, turning body to left diagonal, step down on left foot, turn body back to

front

5-6-7-8 Cross right over left to unwind half turn left, drop heels, feet together (weight on left), hold

FAST TEMPO

SIDE TOGETHER, SIDE BEHIND SIDE, JUMP HALF TURN, TWIST, TWIST

1-2 Step right to right side, step left beside right

3-4-5 Step right to side, step left behind, step right to side

6-7-8 Jump half turn right landing feet together, move toes to left, move heels to left

RIGHT SAILOR, LEFT SAILOR, OUT OUT IN IN, OUT OUT, SCUFF ACROSS

1&2 Cross-step right behind left, step on left to left side, replace weight to right 3&4 Cross-step left behind right, step right to right side, replace weight to left

Step right out to right, step left out to left, step right back in to center, step left in beside right

&7-8 Step right out to right, step left out to left, scuff right across left

BOX SQUARE, STEP FORWARD, LOCK STEP, SHUFFLE FORWARD

1-2-3-4 Step right down over left, step left back, step right to side, step left in place Step forward on right, lock/step left behind right, shuffle forward right, left, right

ROCK FORWARD, ROCK BACK, COASTER STEP, OUT OUT, IN IN, OUT OUT, SCUFF FORWARD

1-2-3&4 Rock forward on left, rock back on right, step left back, step right beside left, step forward on

left

&5&6 Step right out to right, step left out to left, step right back in to center, step left in beside right

&7-8 Step right out to right, step left out to left, scuff right forward

REPEAT

ENDING:

FAST TEMPO

FOUR WALKS FORWARD, BALL-STEP WITH 1/4 TURN, THREE WALKS FORWARD

1-2-3-4 Walk forward right, left, right, left

&5-6-7-8 Step right in place, step \(\frac{1}{2} \) turn left onto left, walk forward right, left, right

ROCK FORWARD, ROCK BACK, COASTER STEP, PIVOT 1/4, PIVOT 1/4

1-2-3&4 Rock forward on left, rock back on right, step left back, step right beside left, step forward on

left

5-6 Step forward on right, pivot turn ¼ left, stepping onto right

7-8 Step forward on right, pivot turn ¼ left, stepping onto right (transfer weight to left)

SLOW TEMPO

STEP-LOCK-STEP, STEP-LOCK-STEP, PIVOT HALF TURN LEFT

1-2-3 Step forward on right, lock/step left behind right, step forward on right
4-5-6 Step forward on left, lock/step right behind left, step forward onto left
7-8 Step forward on right, stepping 180' pivot turn left step onto left

BALL-STEP, HOLD, CROSS, HOLD, BACK, SIDE, 3/4 TURN RIGHT, DRAG FEET TOGETHER

&1-2-3-4 Step right in place, step left in place, hold, cross right over left, hold

5-6-7-8 Step left back, step right to right side, ³/₄ turn right stepping left to left, drag right beside left

(weight on left)

FAST TEMPO

FOUR WALKS FORWARD, BALL-STEP WITH 1/4 TURN, THREE WALKS FORWARD

1-2-3-4 Walk forward right, left, right, left

&5-6-7-8 Step right in place, step ½ turn left onto left, walk forward right, left, right

ROCK FORWARD, ROCK BACK, COASTER STEP, PIVOT 1/4, PIVOT 1/4

1-2-3&4 Rock forward on left, rock back on right, step left back, step right beside left, step forward on

left

5-6 Step forward on right, pivot turn ¼ left, stepping onto right

7-8 Step forward on right, pivot turn ¼ left, stepping onto right (transfer weight to left)

SHUFFLE FORWARD, TURNING SHUFFLE BACK, ROCK BACK, ROCK FORWARD, WALK, WALK

1&2-3&4 Shuffle forward right, left, right, half turn right while shuffling back left, right, left

5-6-7-8 Rock back on right, rock forward on left, walk forward right, left

SHUFFLE FORWARD, SHUFFLE FORWARD, ROCK FORWARD, ROCK BACK, STEP BACK, ¼ TURN, STEP SIDE TOGETHER

1&2-3&4 Shuffle forward right, left, right, shuffle forward left, right, left

5-6-7-8 Rock forward on right, rock back on left, step back on right turning 1/4 left, step left beside

right