

Texas Trot

拍數: 40 牆數: 0 級數:
編舞者: Roy East (UK)
音樂: All You Ever Do Is Bring Me Down - The Mavericks



Position: Side by side holding hands (Open Promenade)
Mans steps are shown, Ladies steps are 'mirror image'.

TOUCH STEP X 4

1-2 Left toe touch forward turning left heel out, left foot step forward
3-4 Right toe touch forward turning right heel out, right foot step forward
5-8 Repeat last 4 steps

FORWARD TROT / HITCH X 2

9-10 Left foot step forward, right foot step forward
11-12 Left foot step forward, hitch right foot hop on left foot
13-14 Right foot step forward, left foot step forward
15-16 Right foot step forward, hitch left foot hop on right foot

Let go hands

VINE LEFT / STEP SLIDES / TURN*

17-18 Left foot step left, right foot step across and behind left foot
19-20 Left foot step left, right foot touch beside left arching body to left & clap
21-22 Right foot step right, left foot slide next to right
23 Right foot step right turning to the right (to face partner)
24 Left foot touch next to right picking up both hands

STEP VINE / TURN / BRUSH

25-26 Left foot step left, right foot step across and behind left
27-28 Left foot step left, right foot step across and in front of left
29-30 Left footstep left, right foot step across and behind left
31 Left foot step left turning to the left (to face LOD) Drop left hand
32 Right foot brush past left

SHUFFLES / STOMP TOUCH

33-38 Right shuffle, left shuffle, right shuffle
39-40 Left foot stomp beside right, right foot stomp in place

REPEAT

This Dance is also being performed as a progressive 'mixer' dance by man steps 17-20 (vine) 21-24 (step slide) being angled forward to join next partner