Texas "T" (P)



拍數: 44 牆數: 0 級數: Partner

編舞者: Pat Griffiths (UK) & Sue Griffiths (UK) 音樂: Stars On the Water - Rodney Crowell



Position: Semi-western hold. Man's hands on lady's waist. Lady's hands resting on man's upper arms.

MAN'S STEPS

1	Rock forward on left foot
2	Rock back on right foot
3	Rock back on left foot
4	Rock forward on right foot
5	Rock forward on left foot
6	Rock back on right foot
7	Rock back on left foot
8	Rock forward on right foot

9 Left foot step forward 10 Right foot touch next to left 11 Right foot step forward 12 Left foot touch next to right

Man to take small steps on beats 13-16

13	Left foot step to left
14	Right foot step behind left
15	Left foot step to left

16 Right foot touch next to left

Man leaves hands loose around ladies waist, ladies hands place on own chest while turning

17	Right foot step to right
18	Dip body in curve motion
19	Slide left foot to right foot
20	Touch left foot next to right

Man should now be standing behind the lady, with lady's hands on top of man's hands

21	Left foot step to left
22	Dip body in curve motion
23	Slide right foot to left foot
24	Touch right foot next to left

25	Right foot step to right
26	Left foot step behind right
27	Right foot step to right
28	Left foot touch next to righ

Man leaves hand loose around lady's waist, lady places hands on own chest while doing a turning grapevine

29	Left foot step to left
30	Dip body in curve motion
31	Slide right foot to left foot
32	Touch right foot next to left

Man standing behind lady with lady's hands on top of man's hands

33	Right foot step to right
34	Dip body in curve motion
35	Slide left foot to right foot
36	Touch left foot next to right
37-38	Left forward shuffle
39-40	Right shuffle forward
41-42	Left forward shuffle
43-44	Right shuffle forward
Start turning to right on beats 37/38 so that the lady ends in semi-western hold	

REPEAT

LADY'S STEPS

1	Rock back on right foot
2	Rock forward on left foot
3	Rock forward on right foot
4	Rock back on left foot
5	Rock back on right foot
6	Rock forward on left foot
7	Rock forward on right foot
8	Rock back on left foot

9 Right foot step back

10 Left foot touch next to right

11 Left foot step back

12 Right foot touch next to left

Man to take small steps on beats 13-16

13	With right foot turn ¼ turn right
14	With left foot turn 1/4 turn right

15 Tap right foot16 Tap right foot

Man leaves hands loose around ladies waist, ladies hands place on own chest while turning

17	Right foot step to right
18	Dip body in curve motion
19	Slide left foot to right foot
20	Touch left foot next to right

Man should now be standing behind the lady, with lady's hands on top of man's hands

21	Left foot step to left
22	Dip body in curve motion
23	Slide right foot to left foot
24	Touch right foot next to left

25 Right foot ¼ turn to right
26 Left foot ½ turn to right
27 Right foot ¼ turn to right
28 Left foot touch next to right

Man leaves hand loose around lady's waist, lady places hands on own chest while doing a turning grapevine

30	Dip body in curve motion
31	Slide right foot to left foot
32	Touch right foot next to left

Man standing behind lady with lady's hands on top of man's hands

33	Right foot step to right
34	Dip body in curve motion
35	Slide left foot to right foot
36	Place left foot down
37-38	Right shuffle forward
39-40	Turning left shuffle
41-42	Right shuffle backwards
43-44	Left shuffle backwards

Start turning to right on beats 37/38 so that the lady ends in semi-western hold

REPEAT