Tequila Rose

拍數: 40

級數: Intermediate

編舞者: Rosaline Chapin

音樂: Tropical Depression - Alan Jackson

LEFT SIDE, KICK-CROSS-SIDE-CROSS

- 1 Touch left toe to left side
- 2 Kick left foot forward
- 3 Step across in front of right leg with left foot
- & Step to right side with right foot
- 4 Step across in front of right leg with left foot.

RIGHT SIDE, KICK, CROSS-SIDE-CROSS

- 5 Touch right toe to right side
- 6 Kick right foot forward
- 7 Step across in front of left leg with right foot
- & Step to left side with left leg
- 8 Step across in front of left leg with right foot.

LEFT PUSH STEP, SHUFFLE

- 9 Step to left side with left foot
- 10 Push weight back onto right foot
- 11 Step forward with left foot
- & Step forward with right foot
- 12 Step forward with left foot

RIGHT PUSH STEP, SHUFFLE

- 13 Step to right side with right foot
- 14 Push weight back onto left foot
- 15 Step forward with right foot
- & Step forward with left foot
- 16 Step forward with right foot

FORWARD ROCK STEP, SHUFFLE

- 17 Step forward with left foot
- 18 Rock back onto right foot
- 19 Step back with left foot
- & Step back with right foot
- 20 Step back with left foot

BACKWARD ROCK STEP, ½ TURN

- 21 Step back with right foot
- 22 Rock forward onto left foot
- 23 Pivot ¼ turn left on ball of left foot, place right foot next to left foot
- & Pivot ¼ turn left on ball of right foot, place left foot next to right foot.
- 24 Step in place with right foot

ROLLING FULL LEFT TURN

- 25 Step ¼ turn left with left foot
- 26 Pivot ½ turn left on ball of left foot, place right foot next to left foot.
- 27 Pivot ¼ turn left on ball of right foot, place left foot next to right foot





牆數:4

- & Step in place with right foot
- 28 Step in place with left foot

ROLLING FULL RIGHT TURN

- 29 Step ¼ turn right with right foot
- 30 Pivot ½ turn right on ball of right foot, place left foot next to right foot.
- 31 Pivot ¼ turn right on ball of left foot, place right foot next to left foot
- & Step in place with left foot
- 32 Step in place with right foot

LEFT SIDE, TOGETHER, FORWARD, HOLD

- 33 Step to left side with left foot
- 34 Step together with right foot
- 35 Step forward with left foot
- 36 Hold

LEFT ¼ TURN, SIDE, CROSS-SIDE-CROSS

- 37 Step ¼ turn left across left leg with right foot
- 38 Step to left side with left leg
- 39 Step across in front of left leg with right foot
- & Step to left side with left leg
- 40 Step across in front of left leg with right foot

REPEAT