

# Tenderness

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate nightclub  
編舞者: Phil Johnson (UK)  
音樂: This Is to Mother You - Sinéad O'Connor



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## FORWARD RIGHT LOCK STEP; STEP FORWARD ½ RIGHT PIVOT, STEP, FULL SHUFFLE TURN LEFT; LEFT SHUFFLE

1&2      Step forward on right, step (lock) left behind right, step forward on right  
3&4      Step forward left; pivot ½ turn right, step forward left  
5&6      Full shuffle turn left stepping right left right (moving forward)  
7&8      Step left forward, step right beside left, step forward on left

## STEP FORWARD, PIVOT ¼ TURN LEFT, CROSS RIGHT OVER LEFT; ¼ TURN RIGHT TWICE, CROSS LEFT; ROCK AND CROSS TWICE

9&10      Step right forward, pivot ¼ turn left (weight on left), cross step right over left  
11&12      ¼ turn right stepping back on left; ¼ turn right stepping right to right side, cross left over right  
13&14      Rock on right to right side, recover weight on left, cross step right over left  
15&16      Rock on left to left side, recover weight on right, cross step left over right

## ROCK RIGHT FORWARD HALF TURN RIGHT; STEP LEFT FORWARD, ½ RIGHT PIVOT, STEP FORWARD LEFT; ROCK RIGHT FORWARD ¼ TURN RIGHT; LEFT MAMBO FORWARD

17&18      Rock forward on right, recover weight on left starting to half turn right, complete half turn right stepping forward on right  
19&20      Step forward on left, pivot ½ turn right, step left forward  
21&22      Rock forward on right, recover weight on left turning ¼ turn right, complete ¼ turn right stepping forward (slightly to right) on right  
23&24      Rock forward on left, recover weight on right, step slightly back on left

## RIGHT SHUFFLE BACKWARDS; LEFT MAMBO BACKWARDS; ROCK FORWARD ¼ TURN RIGHT, CROSS LEFT OVER RIGHT, ¼ TURN LEFT TWICE

25&26      Step back on right, step on left beside right, step back on right  
27&28      Rock back on left, recover weight on right, step slightly forward on left  
29&30      Rock forward on right, recover weight on left starting to turn ¼ right, complete ¼ turn right stepping right to right side  
31&32      Cross step left over right, ¼ turn left stepping back on right, ¼ turn left stepping left to left side

## REPEAT

## ENDING

At end of dance (to Sinéad O'Connor music) music ends facing the front after steps 15&16, for the last beat of the music step right to right side splay hands out as music fades for a nice calm tranquil finish

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