

# Tender Woman

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Pauline Burgess & Mark Burgess  
音樂: The Snake - Al Wilson



## ¼ TURN RIGHT HEEL GRIND, COASTER, ¼ TURN LEFT, HEEL GRIND COASTER

1-2      Touch heel forward, grind heel ¼ turn right, step back on left  
3&4      Step back right, step left beside right, step forward right  
5-6      Touch left heel forward, grind heel ¼ turn left, step back right  
7&8      Step back left, step right beside left, step forward left

## FORWARD ROCK, TRIPLE ½ TURN RIGHT, STEP ½ PIVOT, SHUFFLE FORWARD

1-2      Rock forward on right, rock back on left  
3&4      Triple step ½ turn right, stepping right left right  
5-6      Step forward left, pivot ½ turn right  
7&8      Step forward left, step right beside left, step left forward

## RIGHT ROCK, CROSSING DIAGONAL FORWARD SHUFFLE, LEFT ROCK CROSSING DIAGONAL FORWARD SHUFFLE

1-2      Rock right to right side, rock onto left in place  
3&4      Cross right over left, step left to left side, cross right over left (traveling diagonally forward)  
5-6      Rock left to left side, rock onto right in place  
7&8      Cross left over right, step right to right side, cross left over right, (traveling diagonally forward)

## GRAPEVINE ¼ TURN RIGHT, STEP ½ PIVOT, ¼ TURN BEHIND, ¼ TURN LEFT

1-2      Step right to right side, cross left behind right  
3-4      Step ¼ turn right, step forward left  
5-6      Pivot ½ turn right, make ¼ turn right stepping left to left side  
7-8      Cross right behind left, step left ¼ turn left

## REPEAT

## TAG

End of 3rd wall

## HIP BUMPS

1-2      Bump hips right, bump hips left  
3-4      Bump hips right, bump hips left

End of 6th and 9th wall

## TOE SWITCHES, HEEL SWITCHES, STEP ½ PIVOT, STEP ½ PIVOT, HIP BUMPS

1&2      Touch right toe to right side, step right beside left, touch left toe to left side  
&3&4      Step left beside right, touch right heel forward, step right beside left, touch left heel forward  
&5-6      Step left beside right, step forward right, pivot ½ turn left  
7-8      Step forward right, pivot ½ turn left  
9-10      Bump hips right, bump hips left  
11-12      Bump hips right, bump hips left