

Tender Hearted Cha-Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Improver cha cha partner dance
編舞者: Jan Wagner
音樂: No Use - Royal Wade Kimes



Position: Closed Partner Position

MAN

CHA-CHA STEP TO BOTH SIDES

1&2 Left rock out to left, recover right
3&4 Left next to right for cha-cha left, right, left
5&6 Right rock out to right, recover left
7&8 Right next to left for cha-cha right, left, right

CHA-CHA STEP FORWARD/BACK

1&2 Rock forward left, recover right
3&4 Left next to right for cha-cha left, right, left
5&6 Rock back right, recover left
7&8 Right next to left for cha-cha right, left, right

BREAK HOLD & CHANGE, ¼ TURN ROCK BACK STEPS, FACE PARTNER FOR CHA-CHA

1&2 ¼ turn to left, rock back on left, recover right

Man's right hand takes lady's left hand

3&4 ¼ turn back to partner, left, right, left

Join both hands

5&6 ¼ turn to right, rock back on right, recover left

Man's left hand, lady's right hand

7&8 ¼ turn back to partner, right, left, right

Join both hands

9-16 Repeat last 8 counts

PALM TO PALM ROCK STEPS FORWARD

1&2 Rock forward on left, recover back right

As both rock forward, extend arms so you are along side each other - turn heads to look at each other on rock forward steps - - man and lady both on right sides as they come alongside each other on 1-2, left sides on 5-6

3&4 Left next to right for cha-cha left, right, left

5&6 Rock forward on right, recover back left

7&8 Right next to left for cha-cha right, left, right

CHANGE HOLD AND LADY DOES DOUBLE CHA-CHA SERIES AROUND MAN

1&2 Step down in place left, right

Take lady's right hand with man's left hand and lift arms to lead lady around man's back on his left side

3&4 Do cha-cha step left, right, left

Man with raised arm leads lady in turn under his left side so she ends facing his back

5&6 Step down in place right, left

Man and lady switch hands, man's right hand, lady's left and lift arms to lead lady around in front of him

7&8 Do cha-cha step right, left, right

Change to closed position

REPEAT

LADY

CHA-CHA STEP TO BOTH SIDES

1&2 Right rock out to right, recover left
3&4 Right next to left for cha-cha steps
5&6 Left rock out to left, recover right
7&8 Left next to right for cha-cha steps

CHA-CHA STEP FORWARD/BACK

1&2 Rock back right, recover left
3&4 Right next to left for cha-cha steps
5&6 Rock forward left, recover right
7&8 Left next to right for cha-cha steps

BREAK HOLD & CHANGE, ¼ TURN ROCK BACK STEPS, FACE PARTNER FOR CHA-CHA

1&2 ¼ turn to right, rock back right, recover left

Man's right hand takes lady's left hand

3&4 ¼ turn back to partner, right, left, right

Join both hands

5&6 ¼ turn to left, rock back left, recover right

Man's left hand, lady's right hand

7&8 ¼ turn back to partner, left, right, left

Join both hands

9-16 Repeat last 8 counts

PALM TO PALM ROCK STEPS FORWARD

1&2 Rock forward on right, back left

As both rock forward, extend arms so you are along side each other - turn heads to look at each other on rock forward steps - - man and lady both on right sides as they come alongside each other on 1-2, left sides on 5-6

3&4 Right next to left for cha-cha right, left, right

5&6 Rock forward on left, recover back right

7&8 Left next to right for cha-cha left, right, left

CHANGE HOLD AND LADY DOES DOUBLE CHA-CHA SERIES AROUND MAN

1&2 Step forward right & left next to man's side

Take lady's right hand with man's left hand and lift arms to lead lady around man's back on his left side

3&4 ½ turning cha-cha ending behind man with right, left, right

Man with raised arm leads lady in turn under his left side so she ends facing his back

5&6 Step forward around man with left, right

Man and lady switch hands, man's right hand, lady's left and lift arms to lead lady around in front of him

7&8 ½ turning cha-cha ending facing man with left, right, left

Change to closed position

REPEAT

ENDING

As dance comes to end of "no use", repeat first 8 counts and end in back corte'. Man steps forward with his left foot and leans lady back as she steps back on right foot, holding position until music stops
