

Ten Rounds

拍數: 32 牆數: 4 級數: Improver
編舞者: Yvonne Anderson (SCO) & Gail Fleming (UK)
音樂: Ten Rounds With Jose Cuervo - Tracy Byrd



RIGHT KICK, RIGHT KICK BALL STEP, STEP, LEFT KICK, LEFT KICK BALL STEP, STEP

1-2 Kick right forward, kick right forward
&3-4& Step ball of right beside left, step left forward, step right forward
5-6 Kick left forward, kick left forward
&7-8& Step ball of left beside right, step right forward, step left forward

RIGHT ROCK, RECOVER, ¼ TURN RIGHT, STEP ACROSS, ¼ LEFT, FULL TURN LEFT, STEP BACK

1-2 Rock right forward, recover weight on left
3-4 Make ¼ right stepping right to side, step left across right (3:00)
5 Make ¼ left stepping back on right (12:00)
6-7 Make full turn left stepping left, right

Easy option: counts 6-7 walk back left, right

8 Step back left (12:00)

RIGHT COASTER, LEFT SHUFFLE FORWARD, 1/2 PIVOT LEFT, LEFT COASTER

1&2 Step right back, & step left in place, step right slightly forward
3&4 Shuffle forward on left, right, left
5-6 Step right forward, make ½ turn left (6:00)
7&8 Step left back, & step right in place, step left slightly forward

RIGHT & LEFT TOE SWITCHES, RIGHT HEEL, LEFT TOE, RIGHT TOE, LEFT HEEL, TOUCH ¼ TURN RIGHT

1&2 Touch right toe to side, & step right beside left, touch left toe to side
&3&& Step left beside right, touch right heel forward, & step right beside left
4&5 Touch left toe back, & step left beside right, touch right toe to side
&6&& Step right beside left, touch left heel forward & step left beside right
7-8 Touch right toe beside left, make ¼ turn right (weight on left, now facing 3:00)

REPEAT

RESTART

When dancing to "Ten Rounds With Jose Cuervo" by Tracy Byrd, on wall 3, only dance the first 16 counts, then restart the dance.