Ten Rounds (P)



拍數: 40 牆數: 0 級數: Partner

編舞者: Barry Gannon (UK) & Lynn Gannon (UK) 音樂: Ten Rounds With Jose Cuervo - Tracy Byrd



Position: Side by Side, holding inside hands, opposite footwork unless stated

VINE LEFT, RIGHT HEEL FORWARD, VINE RIGHT, RIGHT HEEL FORWARD

Step left, step right behind left, step left, place right heel forwardStep right, step left behind right, step right, place left heel forward

Above 8 counts lady passes in front of man

1/4 TURN, SIDE BEHIND, STEP, STEP FORWARD, TOGETHER, HIP BUMPS

1-4 Step left over right making ¼ turn left, step right to right side, step left behind right, step right Man turns ¼ turn right, facing lady. Double hand hold

5-8 Step forward diagonally left, step right next to left, bump hips twice

STEP BACK, TOGETHER, DIP, STEP FORWARD, TOGETHER, HIP BUMPS

1-4 Step back right, step left next to right, bend knees, straighten up5-8 Step forward diagonally right, step left next to right, bump hips twice

1 ¼ TURN FOR LADY (¼ TURN WALK FORWARD FOR MAN), SHUFFLE FORWARD

1-4 LADY: Step forward right ¼ right, pivot ½ turn on ball of right foot and step back on left, pivot

½ turn on ball of left foot and stepping forward on right, step forward on left

MAN: Step ½ turn left on left foot, walk forward right, left, right

Above 4 counts change hands into side by side (sweetheart)

5-8 Shuffle forward on right, left, right, shuffle forward on left, right, left (man opposite)

STEP FORWARD TOUCH, STEP BACK HOOK, STEP LOCK STEP

1-4 Step forward right, touch left next to right, step back left, hook right

5-8 Step forward right, step left behind right, step forward right, touch left next to right

During step lock step release hands into Side By Side holding inside hands to begin again

REPEAT