

10 Good Reasons

拍數: 64 牆數: 4 級數:
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音樂: Too Many Broken Hearts - Jason Donovan



LEFT & RIGHT SWITCHES, LEFT HITCH BALL STEP, WALK FORWARD LEFT/RIGHT, LEFT FORWARD, ½ RIGHT PIVOT TURN, LEFT FORWARD

1&2& Touch left toe to side, step left together, touch right toes to side, step right together
3&4 Hitch left knee up, step back on ball of left foot, step right forward
5-6 Step left forward, step right forward
7&8 Step left forward, pivot ½ right, step left forward

RIGHT/LEFT APART, RIGHT BALL CROSS SIDE, LEFT SAILOR KICK, LEFT BALL CROSS SIDE

1-2 Step right apart, step left apart
&3-4 Step right back, cross step left over right, step right to side
5&6 Step left behind, step right to side, kick left to left diagonal
&7-8 Step left back, cross step right over left, step left to side

RIGHT BACK ROCK & RECOVER, RIGHT FORWARD SHUFFLE, LEFT FORWARD, ¼ RIGHT PIVOT TURN, LEFT CROSS SHUFFLE

1-2 Rock right back, recover weight on left
3&4 Step right forward, step left together, step right forward
5-6 Step left forward, pivot ¼ right
7&8 Cross step left over right, step right to side, cross step left over right

SWAY RIGHT/LEFT, RIGHT SIDE SHUFFLE, LEFT CROSS ROCK & RECOVER, ½ LEFT TURNING TRIPLE

1-2 Sway hips right, sway hips left
3&4 Step right to side, step left together, step right to side
5-6 Cross rock left over right, recover weight on right
7&8 Turning ¼ left step left to side, turning ¼ left step right together, step left together

VINE RIGHT 2, RIGHT BALL CROSS SIDE, LEFT ROCK BACK & RECOVER, LEFT KICK BALL CROSS

1-2 Step right to side, cross step left behind right
&3-4 Step right to side, cross step left over right, step right to side
5-6 Rock left back, recover weight on right
7&8 Kick left on left diagonal, step left back, cross step right over left

SWAY LEFT/RIGHT, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK & RECOVER, ¼ RIGHT SHUFFLE

1-2 Sway hips left, sway hips right
3&4 Step left to side, step right together, step left to side
5-6 Cross rock right over left, recover weight on left
7&8 Step right to side, step left together, turning ¼ right step right forward

LEFT CROSS STEP, RIGHT SIDE POINT, RIGHT BEHIND SIDE CROSS, LEFT SIDE ROCK & RECOVER, LEFT SAILOR

1-2 Cross step left over right, point right toes to side
3&4 Cross step right behind left, step left to side, cross step right over left
5-6 Rock left to side, recover weight on right
7&8 Cross step left behind right, step right to side, step left to side

¼ RIGHT SAILOR, ½ RIGHT TURNING TRIPLE, WALK BACK RIGHT/LEFT, RIGHT COASTER BACK

- 1&2 Turning $\frac{1}{4}$ right cross step right behind left, step left to side, step right to side (extended 5th position)
- 3&4 Turning $\frac{1}{4}$ right step left to side, turning $\frac{1}{4}$ right step right back, step left back
- 5-6 Step right back, step left back
- 7&8 Step right back, step left together, step right forward

REPEAT
