

Temptin'

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner hustle
編舞者: Henry Costa (USA)
音樂: I'm Here (Metro Mix) - The Temptations



WALK, WALK, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ½ TURN SAILOR SHUFFLE TO RIGHT

1-2 Walk forward right, walk forward left
3&4 Right step forward, left close next to right, right step forward
5&6 Left step forward, right close next to left, left step forward
7&8 ½ turn sailor to right (cross behind right, ½ turn right on left, right next to left)

(LEFT U-TURN SHUFFLE WITH ARM MOVEMENTS) LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE, LEFT FORWARD SHUFFLE, RIGHT FORWARD SHUFFLE

1&2 Start u-turn to the left: left step forward; right close next to left; left step forward
Lean slightly to right "upper body" turned towards right (1:00) both arms out with slight bend and fists closed - arms go outward, inward, outward in small circular motion towards 1:00
3&4 Continue u-turn to the left (½ way point): right step forward; left close next to right; right step forward
Lean slightly to left "upper body" turned towards left (11:00) both arms out with slight bend and fists closed - arms go outward, inward, outward in small circular motion towards 11:00
5&6 Continue u-turn to left (toward ending point): left step forward; right close next to left; left step forward
Lean slightly to right "upper body" turned towards right (1:00) both arms out with slight bend and fists closed - arms go outward, inward, outward in small circular motion towards 1:00
7&8 Finish u-turn to left (back to starting point): right step forward; left close next to right; right step forward
Lean slightly to left "upper body" turned towards left (11:00) both arms out with slight bend and fists closed - arms go outward, inward, outward in small circular motion towards 11:00
When looking at angle of arm movements for u-turn shuffle, clock numbers are from the angle you are. Looking forward is 12:00 mid-point of body (looking forward from the position you are). So when you are turning it is still the same (slightly to right is 1:00, slightly to left is 11:00). It is just a reference for angle of upper body

CROSS, BACK, TOUCH, KICK, BACK, CROSS, KICK, KICK

1-2 Cross left on front of right, right step back
3-4 Touch left next to right, kick out left - slightly to left (11:00)
&5-6 Left step back, cross right in front of left, step side left
7-8 Kick out right twice - slightly to right (1:00)

BACK, CROSS, SIDE, BEHIND, RIGHT CHASSE, CROSS, ROCK, RECOVER, ¼ TURN LEFT

&1 Right step back cross left on front of right,
2-3 Step right to right side, cross left behind right
4&5 Step right foot to right side, close left beside right, step right foot to right side
6-7-8 Cross right over left, recover weight on left, ¼ turn left with left foot

REPEAT