Tempted To Touch

拍數: 32

級數: Intermediate

編舞者: Gary Lafferty (UK)

音樂: Tempted to Touch - Rupee

RIGHT MAMBO FORWARD, LEFT MAMBO BACK, RIGHT ROCK & CROSS, TURN-TURN-CROSS 1&2 Rock forward on right foot, recover weight back onto left foot, step on right foot beside left

- 3&4 Rock back on left foot, recover weight onto right foot, step on left foot beside right
- 5&6 Rock to right on right foot, recover weight onto left foot, cross-step right foot over left
- 7&8 Turn ¼ right stepping back on left, turn ¼ right stepping to right on right, cross-step left foot over right

TOUCH OUT-IN-OUT, BEHIND-SIDE-FORWARD, LEFT MAMBO ½ TURN, STEP - ½ TURN - POINT

- 1&2 Touch right foot out to right side, touch right foot beside left, touch right foot out to right side
- 3&4 Cross-step right foot behind left, step to left on left foot, step forward on right foot
- 5&6 Rock forward on left foot, recover weight back onto right foot, turn 1/2 left stepping forward onto left foot
- 7&8 Step forward on right foot, pivot 1/2 turn to left, point right foot out to right side

CROSS-ROCK ¼ TURN, STEP FORWARD, ¾ RONDE TURN, BEHIND-SIDE-CROSS, & TWIST & TWIST

- 1&2 Cross-rock right over left, recover weight back onto left foot, turn 1/4 right stepping forward onto right
- 3 Step forward on left foot
- 4 Turn ³/₄ right on ball of left foot, right foot follows body around in a sweep
- 5&6 Cross-step right foot behind left, step to left on left foot, cross-step right foot over left
- & Step on left foot beside right, twisting both heels to left
- 7 Twist both toes to left
- & Twist both heels to left
- 8 Twist both toes to left

RIGHT SAILOR ¼ TURN . LEFT STEP-LOCK-STEP, RIGHT MAMBO ½ TURN, TRIPLE FULL TURN

- Cross-step right foot behind left, turn 1/4 right stepping to left on left foot, step to right on right 1&2 foot
- 3&4 Step forward on left foot, lock-step right foot behind left, step forward on left foot
- 5&6 Rock forward on right foot, recover weight back onto left foot, turn 1/2 right stepping forward onto right foot
- Make a full turn over right shoulder traveling forward, stepping on left-right-left 7&8

Easier option for count 7&8, just do a left shuffle forward instead of the full turn - works just the same!

REPEAT





牆數: 4