

Temptation Walk

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ron Kline (USA)
音樂: My Girl - The Temptations



This dance depicts some of the styling the group "The Temptations" used on stage which adds to the dance when using one of their songs

During intro on "Stay", after first 8 beats with feet about shoulder width apart

- 1-2 Angle body to left and shift weight to left foot while swinging bent arms forward, shift weight back to right foot while swinging bent arms back
- 3&4 Shift weight to left foot while swinging bent arms forward, with arms forward switch weight and body angle to the right, switch weight to left foot while swinging bent arms back and snap fingers
- 5-6 Shift weight to right foot while swinging bent arms forward, shift weight back to left foot while swinging bent arms back
- 7&8 Shift weight to right foot while swinging bent arms forward, with arms forward switch weight and body angle to the left, switch weight to right foot while swinging bent arms back and snap fingers
- 9-16 Repeat above steps

The dance begins here

STEP, SWIVELS, SHUFFLES FORWARD

- 1-3 (facing 12:00 weight on right foot) step left foot slightly forward, step right foot forward while swiveling heels of both feet to the right, keeping feet in position swivel heels straight back shifting weight to left foot
- 4&5 Shuffle forward right-left-right.
- 6-7 Step left foot forward while swiveling heels of both feet to the left, keeping feet in position swivel heels straight back shifting weight to right foot
- 8&9 Shuffle forward left-right-left.

Temptation styling: with palms down move hands out to sides and then back towards body on counts 2-3 and 6-7

ROCK AND SHUFFLE ONE HALF TURN

- 10-11 Rock forward on right foot, shift weight back onto left foot prepping left heel to the left (during these steps roll fists around each other in front of body)
- 12&13 Shuffle right-left-right. Making one half turn to the right with the steps (facing 6:00)

Temptation styling: Touch Right toe forward and look down at toe, hold position while rolling fists around each other in front of body on counts 10-11

ROCK AND SHUFFLE ONE AND ONE QUARTER TURN

- 14-15 Rock forward on left foot, shift weight back onto right foot prepping right heel to the right (during these steps roll fists around each other in front of body)
- 16&17 Shuffle left-right-left. Making one and one quarter turn to the left and stepping left foot slightly forward (facing 3:00)

Variation: If this is too much of a turn, pivot one quarter to the left on right foot (facing 3:00) stepping left foot to left side, step right foot next to left foot, step left foot slightly forward on counts 16&17

Temptation styling: touch left toe forward and look down at toe, hold position while rolling fists around each other in front of body on counts 14-15

WALK FORWARD WITH SIDE ROCK STEPS

- 18-19 Walk forward right-left.
- 20&21 Rock out to right side on right foot, shift weight to left foot, step right foot forward
- 22-23 Walk forward left-right.
- 24&25 Rock out to left side on left foot, shift weight to right foot, step left foot back

WALK BACK, COASTER STEP, HALF PIVOT, LOCK STEP

26-27 Walk back right-left.

28&29 Step right foot back, step left foot next to right foot, step right foot forward

30-31 Touch left foot forward, pivot half right

32& Step left foot forward, lock right foot up behind and to the left of left foot

Temptation styling: with arms bent swing arms down and forward and then forward again on counts 30-31

REPEAT
