

Temptation

COPPER KNOB
BY STEPHEN

拍數: 88 牆數: 2 級數: Intermediate
編舞者: Rachael McEnaney (USA)
音樂: Temptation - The Nadine Somers Band



RIGHT BEHIND SIDE IN FRONT, LEFT ROCK STEP. LEFT BEHIND SIDE IN FRONT, RIGHT ROCK STEP

1&2 Step right foot behind left, step left to left side, step right in front of left
3-4 Rock left foot out to left side, replace weight onto right
5&6 Step left foot behind right, step right to right side, step left in front of right
7-8 Rock right foot out to right side, replace weight onto left

BOX STEP ("SHADOWS") TWICE

9-10 Cross right foot over left, step back on left
11-12 Step right foot to right side, step forward on left
13-14 Repeat 9-10
15-16 Repeat 11-12

Just for fun and only as an option on the box step put your left arm out to the left and 'strum' your right arm as if playing a guitar (just like 'the shadows')

TOUCH RIGHT & LEFT, CROSS LEFT UNWIND ½ TURN, REPEAT

17&18 Touch right toe to right side, step right foot to place, touch left toe out to left side
19-20 Cross left foot over right, unwind ½ turn to the right
21&22 Repeat 17 & 18
23-24 Repeat 19-20

RIGHT STOMP, HOLD, SAILOR STEP WITH ¼ TURN LEFT, REPEAT.

25-26 Stomp right foot to right side spreading arms out to sides, hold
27&28 Step left foot behind right, step right foot to right side, step left foot to left making ¼ turn left
29-30 Repeat 25-26
31&32 Repeat 27&28

RIGHT STOMP FOR, HOLD, STEP LEFT ½ PIVOT RIGHT. FULL TURN TO RIGHT STEPPING LEFT, RIGHT, WALK LEFT, RIGHT

33-34 Stomp right foot forward, hold
35-36 Step left foot forward, pivot ½ turn to right (weight ends on right)
37-38 Step left foot forward making ½ turn right, step right foot forward making ½ turn right

Easier option: instead of making the full turn you could just walk forward left, right

39-40 Walk forward left, right

2X LEFT KICK-BALL CHANGE. CHASSE LEFT, ROCK STEP

41&42 Kick left foot forward, step ball of left foot in place, replace weight onto right
43&44 Repeat 41 & 42
45&46 Step left foot to left side, step right foot next to left, step left foot to left side
47-48 Rock back on right foot, replace weight onto left

RIGHT SHUFFLE WITH ¼ TURN, LEFT SHUFFLE WITH ½ TURN, ROCK STEP, WALK, WALK

49&50 Step right foot to right side making ¼ turn right, step left foot next to right, step right foot forward
51&52 Make ½ turn to the right as you shuffle back left, right, left
53-54 Rock back on right foot, replace weight onto left
55-56 Walk forward on right, left

2X RIGHT KICK-BALL-CHANGE. CHASSE RIGHT, ROCK STEP

- 57&58 Kick right foot forward, step ball of right foot in place, replace weight onto left
59&60 Repeat 57&58
61&62 Step right foot to right side, step left foot next to right, step right foot to right side
63-64 Rock back on left foot, replace weight onto right

LEFT SHUFFLE WITH ¼ TURN, RIGHT SHUFFLE WITH ½ TURN, ROCK STEP, WALK, WALK

- 65&66 Step left foot to left side making ¼ turn left, step right foot next to left, step left foot forward
67&68 Make ½ turn to the left as you shuffle back right, left, right
69-70 Rock back on left foot, replace weight onto right
71-72 Walk forward on left, right

ROCK FORWARD, LEFT COASTER STEP, ROCK FORWARD, RIGHT COASTER STEP

- 73-74 Rock forward on left foot, replace weight onto right
75&76 Step back on left foot, step right foot next to left, step left foot forward
77-78 Rock forward on right foot, replace weight onto left
79&80 Step back on right foot, step left foot next to right, step right foot forward

STEP ½ PIVOT RIGHT, HEEL SWITCHES X3, HOOK, HEEL, FLICK, STEP. CLAP TWICE

- 81-82 Step left foot forward, pivot ½ turn to the right (weight ends on right)
83& Touch left heel forward, step left foot in place
84& Touch right heel forward, step right foot in place
85& Touch left heel forward, hook left heel in front of right shin
86& Touch left heel forward, flick left heel back and slightly out to left side
87&88 Step left foot to left side. Clap hands twice

REPEAT
