

Temptation

COPPER KNOB
STEPSHEETS

拍數: 88 牆數: 1 級數: Advanced
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音樂: Temptation - Shelby Lynne



CROSS, POINT, CROSS, POINT, STEP, TWIST, TWIST, STEP

1-2-3-4 Cross step right over left, point left to left side, cross step left over right, point right to right side

Arm styling: cross arms in front of body with cross steps; extend arms out to side (palms down) with point touches

5-6-7-8 Step right forward, twist body ½ to left (weight on left foot), twist body ½ right (weight on right), step left forward

JAZZ BOX, TOGETHER, KICK, KICK, TOGETHER, TOUCH LEFT SIDE, THEN TOUCH RIGHT SIDE

1-2-3-4 Cross step right over left, step left back, step right to right side, step left next to right

5-6 Kick right forward and across left, kick right diagonally forward to right

&7&8 Step right next to left, touch left to left side, step left next to right, touch right to right side

STEP BACK RIGHT/LEFT, BALL CHANGE, SLIDE OR DRAG, 4 SKATING SWIVELS FORWARD

1-2 Step right back, step left back

&3 Step back on ball of right, step left forward

4 Drag right toe forward passing left foot

5-6-7-8 4 skating swivels forward right, left, right, left (toes are swiveling outward toward corners as you move forward)

STEP SIDE, POSE & HOLD, TURN & STEP SIDE, POSE & HOLD, TURN & STEP SIDE, POSE & HOLD, 1 & ¼ SPIN LEFT, LEFT SHUFFLE FORWARD

1-2-3-4 Step right to right side (1), hold (2-3-4) (extend right arm out to side angled up, left arm out to left side and angled down)

5-6-7-8 Turn ½ right on ball of right foot and step left to left side (5), hold (6-7-8) (left arm out to side and angled up, right arm out to side and angled down)

1-2-3-4 Turn ½ left on ball of left and step right to right side, hold (2-3-4) (both arms out to side and angled down, palms facing forward)

5-6 1 ¼ spin left as you step left forward, right back

7&8 Left shuffle forward - left, right, left facing 9:00

LINDY HOP KICKS FORWARD AND BACK WITH ½ TURN, LINDY HOP KICKS FORWARD AND BACK WITH ¼ TURN

1&2& Kick right forward, hitch, kick right back, hitch

Styling: lean forward as you kick and extend left arm forward as you kick the right forward, chest level with hand spread (jazz style) and extend right arm forward as you kick back

3-4 Step right forward and turn ½ left, step left in place

5&6& Repeat Lindy hop kicks (counts 1&2&)

7-8 Step right forward and turn ¼ left step left in place

KICK STEP CROSS STEP, KICK STEP CROSS STEP

1&2& Kick right forward, step right back, cross left over right, step right back

3&4& Kick left forward, step left back, cross right over left, step left back

When stepping back with right angle your body to the right, when stepping back with left, angle to left

RIGHT ANGLE BACK SIDE STEP LUNGE

5-6-7-8 Step right diagonally back large step, slide left to right foot and touch on count 8

At the same time extend right arm up and out and left arm angled down

LEFT ANGLE BACK SIDE STEP LUNGE

1-2-3-4 Step left diagonally back large step, slide right to the left foot and touch on count 4

At the same time extend left arm up and out and right out and angled down

STEP FORWARD, KICK FORWARD, COASTER STEP

5-6 Step right forward, kick left forward

7&8 Step left back, step right next to left, step left forward

FULL TURN TRAVELING FORWARD, RIGHT SHUFFLE FORWARD

1-2 Step right forward and turn $\frac{1}{2}$ right, step left back turning $\frac{1}{2}$ right

3&4 Right shuffle forward (right, left, right)

FULL TURN TRAVELING FORWARD, LEFT SHUFFLE FORWARD

5-6 Step left forward and turn $\frac{1}{2}$ left, step right back and turn $\frac{1}{2}$ left

7&8 Left shuffle forward (left, right, left)

STEP BACK, CROSS, BACK, SIDE, CROSS, BACK, SIDE, TOUCH

1-2-3-4 Step right diagonally back, cross left over right, step right back, step left side and back

5-6-7-8 Cross right over left, step left back, step right to right side, touch left next to right

LUNGE FORWARD & CLAP 3 TIMES, TWO $\frac{1}{2}$ PIVOT TURNS

1-2-3-4 Step left forward and bend knee (lunge), clap hands forward below waist, clap forward chest level, clap hands over head

5-6 Step right forward (5) and turn $\frac{1}{2}$ left, step left in place

Raise both arms high over head on count 5 (as you step right forward), arms down as you turn

7-8 Step right forward (7) and turn $\frac{1}{2}$ left, step left in place

Arms out at sides angled down, palms out on count 7 (as you step right forward) and turn to face front wall again to start over

REPEAT

FINISH

You will do the entire dance 4 times and end facing the front wall as she says "That's right". Strike a pose!
