

# Tell Me What!

拍數: 32      牆數: 2      級數: Improver hip hop  
編舞者: Corina Beelen  
音樂: I'll Tell You What - Rick Tippe



## CROSS, STEP SIDE, HIP BUMPS 2X, ¼ TURN RIGHT

&            Right foot step back  
1            Left foot cross over right  
2            Right foot step right side  
3            Bump hips right  
4            Bump hips right  
&            Left foot step back  
5            Right foot cross over left  
6            Left foot step left side  
7            Bump hips left  
8            Bump hips left, turn ¼ right

## WALK, WALK, TOE TOUCH, ½ TURN LEFT, FLICK RIGHT, WALK, LEFT KNEE POP 'IN'-'OUT', ¼ TURN LEFT

9            Right foot walk forward  
10           Left foot walk forward  
11           Right foot touch toe forward  
12           ½ turn left, toe is still behind  
13           Right foot flick backwards  
14           Right foot walk forward  
15           Left foot touch next to right, pop knee right 'in'  
16           Left foot pop knee left 'out', ¼ turn left

## WALK, WALK, TOE TOUCH, ½ TURN RIGHT, FLICK LEFT, WALK, RIGHT KNEE POP 'IN'-'OUT'

17           Left foot walk forward  
18           Right foot walk forward  
19           Left foot touch toe forward  
20           ½ turn right, toe is still behind  
21           Left foot flick backwards  
22           Left foot walk forward  
23           Right foot touch next left, pop knee left 'in'  
24           Pop knee right 'out'

## STEP SIDE, BODY-WAVE, KICK, FLICK WITH A ½ TURN RIGHT, STEP, TOGETHER

25           Right foot big step to the right side  
26-28       Bend knees as you move your body from right to the left side, weight on left foot  
29           Right foot kick forward  
30           Right foot flick backwards, ½ turn right  
31           Right foot step forward  
32           Left foot close together

## REPEAT

**Choreographers note; this dance is also beautiful when you dance it with syncopated en hold steps on the music from Rick Tippe. On count 15-16 you dance**

&            Left foot touch next right, pop knee 'in'  
15           Left foot pop knee 'out' ¼ turn left

16 Hold

**Do this also on count 23-24. (without the  $\frac{1}{4}$  turn) on count 30-32 you dance**

& Right foot flick backwards,  $\frac{1}{2}$  turn right

30 Right foot step forward

31 Right foot close together

32 Hold

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