

Tell Me What!

拍數: 32 牆數: 2 級數: Improver hip hop
編舞者: Corina Beelen
音樂: I'll Tell You What - Rick Tippe



CROSS, STEP SIDE, HIP BUMPS 2X, ¼ TURN RIGHT

& Right foot step back
1 Left foot cross over right
2 Right foot step right side
3 Bump hips right
4 Bump hips right
& Left foot step back
5 Right foot cross over left
6 Left foot step left side
7 Bump hips left
8 Bump hips left, turn ¼ right

WALK, WALK, TOE TOUCH, ½ TURN LEFT, FLICK RIGHT, WALK, LEFT KNEE POP 'IN'-'OUT', ¼ TURN LEFT

9 Right foot walk forward
10 Left foot walk forward
11 Right foot touch toe forward
12 ½ turn left, toe is still behind
13 Right foot flick backwards
14 Right foot walk forward
15 Left foot touch next to right, pop knee right 'in'
16 Left foot pop knee left 'out', ¼ turn left

WALK, WALK, TOE TOUCH, ½ TURN RIGHT, FLICK LEFT, WALK, RIGHT KNEE POP 'IN'-'OUT'

17 Left foot walk forward
18 Right foot walk forward
19 Left foot touch toe forward
20 ½ turn right, toe is still behind
21 Left foot flick backwards
22 Left foot walk forward
23 Right foot touch next left, pop knee left 'in'
24 Pop knee right 'out'

STEP SIDE, BODY-WAVE, KICK, FLICK WITH A ½ TURN RIGHT, STEP, TOGETHER

25 Right foot big step to the right side
26-28 Bend knees as you move your body from right to the left side, weight on left foot
29 Right foot kick forward
30 Right foot flick backwards, ½ turn right
31 Right foot step forward
32 Left foot close together

REPEAT

Choreographers note; this dance is also beautiful when you dance it with syncopated en hold steps on the music from Rick Tippe. On count 15-16 you dance

& Left foot touch next right, pop knee 'in'
15 Left foot pop knee 'out' ¼ turn left

16 Hold

Do this also on count 23-24. (without the $\frac{1}{4}$ turn) on count 30-32 you dance

& Right foot flick backwards, $\frac{1}{2}$ turn right

30 Right foot step forward

31 Right foot close together

32 Hold
