# Tell Me Cha



編舞者: Knox Rhine (USA) 音樂: Take Me - Lari White



#### STOMP, CLAP, SHUFFLE

1 Stomp forward with right foot, weight stays on left

Clap hands at chest levelStep forward with right foot

& Step together with left foot next to right foot

4 Step forward with right foot

## STOMP, CLAP, SHUFFLE

5 Stomp forward with left foot, weight stays on right foot

6 Clap hands at chest level7 Step forward with left foot

& Step together with right foot next to left foot

8 Step forward with left foot

## TOE, HEEL, SHUFFLE BACK

Touch right toe beside left instepTouch right heel beside left instep

11 Step back with right foot

& Step together with left foot next to right foot

12 Step back with right foot

## TOE, HEEL, SHUFFLE BACK

Touch left toe beside right instepTouch left heel beside right instep

15 Step back with left foot

& Step together with right foot next to left foot

16 Step back with left foot

# SIDE, BEHIND, 1/4 TURNING SHUFFLE

17 Step to right side with right foot

18 Step across behind right leg with left foot

Step ¼ turn right with right foot
Step to left side with left foot
Transfer weight onto right foot

## BACK, LOCK, BACK-1/4 TURN-TOGETHER

21 Step back with left foot

22 Step back across in front (lock step) of left leg with right foot

23 Step back with left toe/ball

& Pivot ¼ turn right on ball of left foot, stepping to right side with right foot

24 Place left foot next to right foot

# RIGHT SIDE SHUFFLE, 1/4 TURN, LEFT SIDE SHUFFLE, 1/4 TURN

Step to right side with right foot
Step together with left foot
Step to right side with right foot

&	Pivot ¼ turn right on ball of right foot
27	Step to left side with left foot
&	Step together with right foot
28	Step to left side with left foot
&	Pivot ¼ turn right on ball of left foot

# RIGHT SIDE SHUFFLE, ½ TURN, LEFT SIDE SHUFFLE

29	Step to right side with right foot
&	Step together with left foot
30	Step to right side with right foot
&	Pivot ½ turn right on ball of right foot
31	Step to left side with left foot
&	Step together with right foot
32	Step to left side with left foot

# REPEAT