

編舞者: Ernst Roggeveen

音樂: Tell Me - Bobb Valentine



2X HITCH, TOUCH-STEP BEHIND, KICK-BALL CROSS-ROCK, STEP SIDE 2X

&	Lift	riaht	knee	uр

1 Right foot touch behind left foot

& Lift right knee up

2 Right foot back in place

& Lift left knee up

3 Left foot touch behind right foot

& Lift left knee up

4 Left foot back in place and take weight on left foot

Kick right foot in diagonalRight foot back in place

Step left foot in front of right foot
Regain weight on right foot
Left foot step to the side

& Hitch right knee

8 Step right foot to the side

3X SHOULDER PUSH, 2X HOP, KNEES LEFT, RIGHT AND FULL CIRCLE

Push left shoulder to left and take weight on left foot
Push right shoulder to the right and take weight on right foot
Push left shoulder to left and take weight on left foot
Hop (jump) on both feet while turning quarter to left
Push both knees to left
Push both knees to right
Make full circle with both knees and pop to a hold

STEP FORWARD, FULL TURN WITH SWEEP, BEHIND-SIDE-CROSS ETC

1 Step left foot forward

2&3 Sweep with right foot, full circle to the right

& Step on right foot

4 Step left foot next to right foot

5 Step right foot to right
& Left foot behind right foot
6 Step right foot to right side
& Left foot cross over right foot
7 Right foot step to right side
& Left foot cross behind right foot

8 Right foot step to right side and take weight on right foot

STEP TO SIDE, HITCH 1/4 TURN, STEP TO SIDE, 3X WEIGHT CHANGE, 2X ROCK-STEP CROSS

1 Step left foot to left foot side

& Hitch right knee while turning ¼ to left

2 Right foot step to side while turning ¼ to left

3 Push weight on left leg and stretch right leg

& Push weight on right leg and stretch left leg

4 Push weight on left leg and stretch right leg

5	Step right foot in front of left foot and take weight
&	Regain weight on left foot
6	Step right foot to right
7	Step left foot in front of right foot and take weight
&	Regain weight on right foot
8	Step left foot to left side

REPEAT