

Tell Me

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Myers (UK)
音樂: Tell Me Why - Nanci Griffith



- 1-2 Kick right over left, swivel left foot $\frac{1}{4}$ turn right, kick right forward,
3&4 Step right foot back, lock left over right step back on right
5&6 Step left foot back, step right foot over left step back on left
7-8 Rock back on right, rock forward on to left in place
- 1&2 Rock right to right recover on to left in place, cross rock right over left,
3&4 Rock left to left recover on to right in place, cross rock left over right
5-6 Rock right foot slightly over left and forward, recover back on to left in place
7&8 Triple step $\frac{3}{4}$ turn left stepping right left right
- 1-2 Rock left to left side on left, recover on to right
3&4 Cross shuffle left over right stepping left right left
5-6 Sway out onto right side on right foot, sway onto left foot in place
7&8 Sway back onto right foot in place, touch left toe next to right instep
- 1&2 Chasse $\frac{1}{4}$ turn left stepping left right left
3&4 Step right forward, pivot $\frac{1}{4}$ turn left, touch left toe next to right instep
5&6 Shuffle forward making $\frac{1}{4}$ turn left stepping left right left
7-8 Full turn forward stepping forward on right back on left
- Alternative for dancers who don't like full turns**
7-8 Walk forward right left

REPEAT
