

# Tell Me

拍數: 32      牆數: 4      級數: Improver  
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音樂: Tell Me Mama - BR5-49



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## FORWARD MAMBO TWICE, MAMBO BACK, STEP, ¼ TURN

1&2      Step right forward, step left back, step right beside left  
3&4      Step left forward, step right back, step left beside right  
5&6      Step right back, step left forward, step right beside left  
7-8      Rock forward onto left, making ¼ turn right recover onto right

## SYNCOPATED WEAVE WITH ¼ TURN & STOMP, HIP-BUMPS

9-10      Step left across right, step right to right  
&11-12      Step left behind right, making ¼ turn right step right forward, stomp left forward  
13-14      Bump left hip diagonally forward (10:00), bump right hip diagonally back (4:00)  
15-16      Bump left hip diagonally forward twice (10:00)

## ¼ TURN SHUFFLE, ¼ TURN-LATIN STEP-ROCK, FULL TURN SHUFFLE, LATIN STEP-ROCK

17&18      Making ¼ turn right shuffle right, left, right  
19-20      Making ¼ turn right rock step left while swaying hip to left, replace weight on right  
21&22      Making a full turn over left shoulder shuffle left, right, left  
23-24      Rock step right while swaying hip to right, replace weight on left

## FORWARD HEEL SWITCHES, TOE-HEEL, TOE-HEEL SWITCH, ¼ TURN SHUFFLE

25&26&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
27&28&      Touch right heel forward, touch right toe across and beside left, touch right heel forward, step right beside left  
29&30&      Touch left toe back, step left beside right, touch right heel forward, step right beside left  
31&32      Make ¼ turn left and then shuffle forward on left, right, left

**REPEAT**

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