

# Tell It To My Heart

**COPPER** KNOB  
BY STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Rebecca Ewan (UK)  
音樂: Tell It To My Heart - Kelly Llorenna



## KICKBALL STEP, TURN, TURN, STEP LOCK STEP, ROCK & TURN

- 1&2      Kick right foot forward, step right next to left, step left forward  
3-4      Make ½ turn left stepping back on right foot, make a further ½ turn left stepping forward on left foot  
5&6      Step forward right, lock left foot behind right, step forward right  
7&8      Rock forward on left foot, make ½ turn left stepping left foot forward

## TOUCH CROSS, TOUCH CROSS, ½ MONTEREY TURN, BUMP LEFT, RIGHT

- 1-2      Touch right toe to the side, cross right over left  
3-4      Touch left toe to the side, cross left over right  
5&6      Touch right toe to the side, turn ½ right bringing right foot next to left, touch left toe to the side  
7-8      Bump hips left, right

## SKATE, SKATE, TURN SHUFFLE, ROCK RECOVER, TURN TRIPLE STEP

- 1-2      Skate left, right, remaining on the spot  
3&4      Step left forward making ¼ turn left, slide right up, step left  
5-6      Rock forward right, recover onto left  
7&8      Make ¾ turn right, stepping right, left, right

## SIDE, SLIDE, SIDE BEHIND TURN, 2 FULL TURNS

- 1-2      Step left to side, slide right up  
3&4      Step right to the side, cross left behind right, step right to the side making ¼ turn right  
5-6      Make ½ turn right stepping back on left, make another ½ turn right stepping right foot forward  
7-8      Make ½ turn right stepping back on left, make a further ½ turn right stepping right foot forward

## BRUSH SIDE, SWAY RIGHT, LEFT, BRUSH SIDE, SWAY LEFT, RIGHT

- 1-2      Brush left foot against right, step left foot to the left side  
3-4      Sway right, left  
5-6      Brush right foot against left, step right foot to the right side  
7-8      Sway left, right

## CROSS & HEEL, & CROSS & HEEL, KICK FORWARD SIDE, SWEEP TURN STEP

- 1&2      Cross left foot over right, step slightly back on right, touch left heel forward  
&3&4      Bring left heel in, cross right foot over left, step slightly back on left, touch right heel forward  
&5-6      Bring right heel in, kick left foot forward, kick left foot to the left side  
7-8      Sweep left foot round making ¾ turn left, step in place with left

## BRUSH, TURN, COASTER STEP, KICK & SIDE, & SIDE HITCH TURN

- 1-2      Brush right foot forward against left, touch right foot forward making ¼ turn right  
3&4      Step back on right, together with left, forward on right  
5&6      Kick left foot forward, step left foot in place, touch right toe to the side  
&7&8      Step right foot next to left, touch left toe to the side, hitch left knee making ¼ turn right, touch left toe to the side

## CROSS ROCK, TURN SHUFFLE, TURN HALF QUARTER, BRUSH HITCH TOUCH

- 1-2      Cross rock left over right, recover onto right

- 3&4 Step left to the side, slide right foot up, step forward left making  $\frac{1}{4}$  turn left  
5-6 Make  $\frac{1}{2}$  turn left stepping back on right, make a further  $\frac{1}{4}$  turn left stepping left to the side  
7&8 On the left diagonal, brush right against left, hitch right knee, touch right foot next to left straightening up again

## **REPEAT**

## **TAG**

**Danced after 48 counts on the 5th sequence**

### **KICKBALL TOUCH, & HEEL, & STEP**

1&2 Kick right foot forward, step right next to left, touch left foot forward

&3 Step back on left, touch right heel forward

&4 Step right foot next to left, step left foot forward

**End of dance!**

## **RESTARTS**

**2nd sequence after 16 counts**

**5th sequence after 48 counts are danced followed by the tag**

**6th sequence after 48 counts**

## **ENDING**

The last 2 counts (brush, hitch, touch) can be replaced by crossing right over left and unwinding a full turn left on the 7th sequence

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