

Teezer

拍數: 64 牆數: 4 級數:
編舞者: Heather Gurney & Justine Shuttleworth (AUS)
音樂: Longneck Bottle - Garth Brooks



- 1-4 Touch right toe forward, drop right heel, touch left toe forward, drop left heel
5-6 Tap right toe behind left heel twice
&7 Step back slightly on right, step back slightly on left
8 Step forward right
- 1-8 Repeat last 8 counts on opposite foot
- 1-4 Rock forward on right, rock back on left, step back on right, turn ¼ turn right (transferring weight to left foot)
5-6 Touch right heel forward, hold
&7 Step back slightly on right, step back slightly on left
8 Step forward right
- 1-4 Cross/step left over right, hold, step right to right side, step left behind right
&5 Step right to right, cross/step left over right
6 Jump right to right lifting left foot off ground and slightly to left
7 Swing left foot around and behind right
8 Step left behind right
- 1-8 Step right to right, step left next to right, push right knee forward, hold, push left knee forward, hold, push right knee forward, hold
- 1-4 Rock forward right, rock back left, rock back right, rock forward left
5-8 Step forward right & pivot ½ turn left for 3 beats ending with weight on right (slow step/turn)
- 1-4 Step back left, step right next to left, step forward left, scuff right forward
5-6 Cross right over left, step back left
&7 Step back slightly on right, step back slightly on left
8 Step forward right
- 1-4 Touch left heel forward, step left next to right, touch right heel forward, cross right over left
5-8 Pivot on balls of both feet full turn for 4 beats ending with weight on left

REPEAT
