

Tear Tracks

拍數: 32 牆數: 2 級數: Improver social cha
編舞者: Carole Fox (UK)
音樂: The Tracks of My Tears - Smokey Robinson & The Miracles



CROSS ROCK, RIGHT CHASSE, CROSS ROCK, LEFT CHASSE

1-2 Cross right over left, recover on left
3&4 Step right to right side, close left to right, step right to right
5-6 Cross left over right, recover on right
7&8 Step left to left side, close right to left, step left to left side

SAILOR STEP TWICE, STEP PIVOT, RIGHT SHUFFLE

1&2 Cross right behind left, step left to left side, step right in place
3&4 Cross left behind right, step right to right side, step left in place
5-6 Step forward on right, pivot ½ turn left
7&8 Step forward on right, close left to right, step forward on right

ROCK RECOVER, LEFT COASTER STEP, STEP ¼ TURN RIGHT, POINT LEFT CROSS SHUFFLE

1-2 Rock forward on left, recover on right
3&4 Step back on left, step right beside left, step forward on left
5-6 Make a ¼ turn right stepping forward on right, point left to left side
7&8 Cross left over right, step right to right side, cross left over right

GRAPEVINE RIGHT, LEFT SIDE BEHIND, LEFT CHASSE ¼ TURN LEFT

1-2 Step right to right side, step left behind right
3-4 Step right to right side, touch left to right
5-6 Step left to left side, step right behind left
7&8 Step left to left side, step right to left, step left ¼ turn left

REPEAT
