

TB's Fifty-Fifty

COPPER KNOB
STEPPERS

拍數: 64 牆數: 1 級數:
編舞者: Su Marshall (NZ)
音樂: Fifty-Fifty Love - Lee Roy Parnell



TOE STRUT, TOE STRUT, KICK, KICK, COASTER

- 1-2 Step forward on toes of right foot, step down on whole of right foot (click fingers of left hand) ("toe strut")
- 3-4 Toe strut on left (click fingers of right hand)
- 5-6 Kick right foot forward twice
- 7&8 Step back on right, close left to right, step forward on right ("coaster" step)

SIDE, CLOSE & ¼ TURN, ROCK BACK, FORWARD, STEP, BALL-CHANGE CROSS, UNWIND

- 1 Step left to side
- 2 Slide right to close & turn ¼ to the right
- 3-4 Step-rock back on right, rock forward onto left
- 5&6 Step forward on right, step left to side, step right in place
- 7-8 Cross left in front of right, unwind ½ turn to the right

SWAY RIGHT, LEFT, RIGHT, HITCH & ½ TURN, SWAY LEFT, RIGHT, LEFT, HITCH & ¼ TURN

- 1-2 Step right to side & sway hips to right, sway hips to left
- 3 Sway hips to right (transferring weight to right foot) & turn ½ to the right on ball of right foot (lifting left knee forward)
- 4 Hold & click both sets of fingers at about waist height (or whatever is comfy for you)
- 5-6 Step left to side & sway hips to left, sway hips to right
- 7 Sway hips to left (transferring weight to left foot) & turn ¼ to the left on ball of left foot (lifting right knee forward)
- 8 Hold & click fingers

TOUCH SIDE, HITCH, SIDE, HITCH, KICK ACROSS, BALL-CHANGE, HIP BUMPS

- 1-2 Touch right toe to side, lift right knee across left ("hitch")
- 3-4 Touch right to side, hitch across
- 5 Kick right foot across left
- &6 Step right to right side, step left in place
- 7-8 Bump hips to right side, bump to left side

CROSS BEHIND, SIDE, CENTER, CROSS BEHIND, SIDE, CENTER, TOUCH SIDE, TOUCH SIDE

- 1-2-3 Cross right behind left, step left to side, step right in place
- 4-5-6 Cross left behind right, step right to side, step left in place
- 7 Hop onto right & touch left toe to side (click fingers of right hand in front of right leg with arms straight down)
- 8 Hop onto left & touch right toe to side. (click fingers of left hand in front of left leg with arms straight down)

HITCH & TURN TO 45 DEGREES, STEP BACK, KICK, BALL-CHANGE, HITCH & TURN OPPOSITE 45 DEGREES, STEP BACK, KICK, BALL-CHANGE

- 1 Lift right knee forward & swivel on ball of left to face left 45 degrees
- 2 Step back on right (still on same angle)
- 3&4 Kick left forward, step down on left, step down onto right
- 5 Lift left knee forward & swivel on ball of right foot to face right 45 degrees
- 6 Step back on left (still on same angle)
- 7&8 Kick right forward, step down on right, step down onto left

SHUFFLE FORWARD RIGHT, LEFT, ROLLING TURN, STEP

- 1&2 Step forward on right (still facing same angle), close with left, step forward right ("shuffle" step)
- 3&4 Shuffle forward starting with left (still facing same angle)
- 5 Turn to the right to face 3:00 wall & step forward on right
- 6 ½ turn to the right & step back on left
- 7 ½ turn to the right & step forward on right
- 8 Step forward left

STEP, ROCK, BACK, ROCK, ¼ TURN & STEP, CLOSE & TURN, WIGGLE

- 1-2 Step forward on right, rock back onto left
- 3-4 Step back on right, rock forward onto left
- 5 ¼ turn to the right & step forward on right
- 6 Close left to right with ½ turn to the right on ball of right foot

You should be facing your front wall

- 7&8 Wiggle hips quickly from right to left twice

REPEAT
