

The Tayside Jig

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lesley Clark (SCO)
音樂: Warriors - Ronan Hardiman



- 1&2 Tap right toe behind left foot, step right back in place, tap left heel forward
&3-4 Step left back in place, tap right toe behind left, tap right toe again
&5&6 Step right back in place, tap left heel forward, step left back in place, tap right toe behind left foot
&7-8 Step right back in place, tap left heel forward, tap left heel again
- &1-2 Rock forward onto right foot, recover onto left
3&4 ½ turn shuffle over right shoulder
5&6 Rock out to left, recover onto right, cross left in front of right
7&8 Rock out to right, recover onto left, cross right in front of left
- &1&2 Step back onto left foot, tap right heel forward, step right back in place, tap left toe behind right foot
&3-4 Step left back in place, tap right heel forward, tap right heel again
&5&6 Step right back in place, tap left toe behind right foot, step left back in place, tap right heel forward
&7-8 Step right back in place, tap left toe behind right foot, tap left toe again
- 1-2 Rock forward onto left foot, recover onto right
3&4 ¾ turn shuffle over left shoulder
5&6 Rock out to right, recover onto left, cross right in front of left
7&8 Rock out to left, recover onto right, cross left in front of right
- 1&2 Right lock step forward (scuff right foot going into your lock step)
3&4 Left lock step forward (scuff left foot going into your lock step)
5-6 Stomp right foot forward, stomp left foot slightly behind right
7&8&& Split heel out, in, out, in (put your weight onto right foot at the end of your heel splits)
- 1&2 Left lock step going back
3&4 Right lock step going back
5-6 Stomp left foot back, stomp right foot slightly forward
7&8&& Splits heels out, in, out, in (put your weight onto the left foot at the end of your heel splits)
- 1&2 Right shuffle forward
3&4 Left shuffle forward
5-6 Step forward onto right foot, pivot ½ left
7&8 Right shuffle forward
- 1&2 Left shuffle forward
3-4 Step forward onto right foot, pivot ½ turn left
5-6 Step forward onto right foot, pivot ¼ turn left
7-8 Stomp right foot, stomp left foot

REPEAT

FINISH

The dance will end on count 15&16 (right rock and cross), when you cross right over left. Stomp right in place with your hands on your hips.
