

Tastin' The Music

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Johnny Two-Step (UK)
音樂: Tastin' the Music - Paul Rutter



RIGHT KICK BALL CHANGE TWICE, SIDE ROCK, CROSSING SHUFFLE

1&2 Kick right forward, step on ball of right next to left, step forward on left
3&4 Kick right forward, step on ball of right next to left, step forward on left
5-6 Rock right out to right side, replace weight onto left
7&8 Cross right over left, step left to left side, cross right

LEFT KICK BALL CHANGE TWICE, SIDE ROCK, ¼ TURN SAILOR STEP

1&2 Kick left forward, step on ball of left next to right, step forward on right
3&4 Kick left forward, step on ball of left next to right, step forward on right
5-6 Rock left out to left side, replace weight onto right
7&8 Cross left behind right, step ¼ turn right on right, step left forward

CROSS ROCK, TRIPLE ½ TURN, CROSS ROCK, SIDE SHUFFLE

1-2 Cross rock right over left, replace weight onto left
3&4 ½ turn over right shoulder stepping in place right-left-right
5-6 Cross rock left over right, replace weight onto right
7&8 Step left to left side, close right next to left, step left to left side

CROSS ROCK, STEP RIGHT, LEFT-RIGHT, KNEES IN-OUT-IN-OUT

1-2 Cross rock right over left, replace weight onto left
3&4 Step right to right side, step left in place, step right in place, (feet should now be shoulder width apart)
5-6 Bend both knees in towards center, straighten both knees out
7-8 Bend both knees in towards center, straighten both knees out

When doing last 4 counts of dance raise up onto balls of both feet for count 5, replace heels for count 6, raise up again for count 7, replace heels for count 8

Arms & hand styling cross both arms across front of chest, open both arms out to respective sides and repeat

REPEAT