

Tapped Out

拍數: 64 牆數: 4 級數:
編舞者: Deb Crew (CAN) & Dan Morrison (CAN)
音樂: You Got It - Bonnie Raitt



TAP HEEL FORWARD, TAP HEEL ACROSS; 3-STEP SHUFFLE

Hitch right knee after taps to give the dance "attitude"

- 1-2 Tap right heel forward, tap right heel across left
3&4 One shuffle in place: right left right (right stays crossed over left for shuffle)
5-6 Tap left heel forward, tap left heel across right
7&8 One shuffle in place: left right left (left stays crossed over right for shuffle)

ROCK STEPS; ½ TURN, STOMP; CLAP

- 9-10 Rock forward on right, step in place on left
11-12 Rock back on right, step in place on left
13-14 Step forward on right, ½ turn to the left on left
15-16 Stomp the right, clap

SYNCOPATED ½ VINE & HEEL TAPS

Hitch left knee after heel taps to give the dance "attitude"

- &17 Step side right, step left behind right
18 Step side right
19-20 Tap left in place twice
&21 Step side left, step right behind left
22 Step side left
23-24 Tap right heel in place twice

&25-32 Repeat steps &17-24

BALL-CHANGE; KICK-KICK; BALL-CHANGE

- &33 Step back slightly on the ball of right foot, step weight to ball of left
34-35 Kick right foot forward twice
&36 Step back slightly on the ball of right foot, step weight to ball of left

TWO 3-STEP SHUFFLES FORWARD

- 37-40 Two shuffles forward: right left right left right left

ROCK STEPS, ½ TURN, TAP, KICK

- 41-42 Rock forward on right, step in place on left
43-44 Rock back on right, step in place on left
45-46 Step forward on right, step ½ turn left on the left foot
47-48 Tap right foot home; kick right foot forward

BALL-CHANGE; KICK-KICK; BALL-CHANGE

- &49 Step back slightly on the ball of right foot, step weight to ball of left
50-51 Kick right foot forward twice
&52 Step back slightly on the ball of right foot, step weight to ball of left

TWO 3-STEP SHUFFLES FORWARD

- 53-56 Two shuffles forward: right left right left right left

ROCK STEPS, ¼ TURN, STOMP, CLAP

57-58 Rock forward on right, step in place on left
59-60 Rock back on right, step in place on left
61-62 Step forward on right, step $\frac{1}{4}$ turn left on left
63-64 Stomp the right, clap

REPEAT
