

Tantara

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Lynne Russell
音樂: Linda Lou - The Tractors



TOE, KICK, SHUFFLE TWICE

- 1-2 Tap toes of right foot into left instep, pivoting left foot to 11:00; kick right foot forward, straightening left foot back to 12:00
3&4 Shuffle forward right, left, right
5-6 Tap toes of left foot into right instep, pivoting right foot to 1:00, kick left foot forward, straightening right foot back to 12:00
7&8 Shuffle forward left, right, left

HEEL ROCK, SHUFFLE BACK, ½ TURN, SHUFFLE FORWARD, WALK

- 9-10 Rock right heel forward, rock back onto left foot
11&12 Shuffle backwards right, left, right
13&14 Pivoting ½ turn left on ball of right foot, shuffle forward left right left
15-16 Walk forward right, left

17-32 Repeat steps 1-16

SCUFF JAZZ BOX, SCUFF CROSS, HEEL TAPS

- 33-36 Scuff right foot, cross right foot over left, step back onto left foot, step right foot to right side
37-40 Scuff left foot, cross left over right onto ball of foot only tap heels of both feet twice

STRUT RIGHT, LEFT, ROCK BACK AND SCUFF

- 41-42 Stepping to right, strut toe heel onto right foot
43-44 Crossing left over right strut toe heel onto left foot
45-46 Rock back onto right foot, recover onto left
47-48 Scuff right foot and cross step in front of left

STRUT LEFT, RIGHT, ROCK BACK AND SCUFF

- 49-50 Stepping to left, strut toe heel onto left foot
51-52 Crossing right over left strut toe heel onto right foot
53-54 Rock back onto left foot, recover onto right
55-56 Scuff left foot and cross step in front of right

TURN 1 ¼ TO YOUR LEFT, STRUT RIGHT, STRUT LEFT

- 57-58 Step back onto right foot, step left ¼ turn to the left
59-60 Make a full turn over your left shoulder as you step forward right, left
61-62 Step forward toe heel with right foot
63-64 Step forward toe heel with left foot

REPEAT

BRIDGE (WHEN DANCED TO LINDA LOU BY TRACTORS)

On the 4th wall, clearly distinguishable as the instrumental bridge dance steps 1-32 as scripted; then add

- 1-4 Chasse right, rock back onto left foot, recover onto right
5-8 Scuff left foot, cross in front of right, unwind ½ right and clap
9-12 Chasse right, rock back onto left foot, recover onto right
13-16 Scuff left foot, cross in front of right, unwind ¼ right and clap

The dance then continues from 1-64 as normal

