Tango La Cumparsita

級數: Improver

編舞者: Kirsi-Marja Vinberg (FIN)

拍數: 64

音樂: La Cumparsita - Olavi Virta

CROSS, SIDE, CROSS, RONDE, CROSS, SIDE, CROSS, RONDE

- 1-3 Step left across right, step right to right, step left behind right
- 4 Sweep right toes from front to back in a curve
- 5-7 Step right behind left, step left to side, step right across left
- 8 Sweep left toes from back to front in a curve

CROSS STEP, HOLD; CROSS STEP HOLD; CROSS STEP, HOLD; CROSS STEP, HOLD

- 1-2 Step left across right, hold
- 3-4 Step right across left, hold
- 5-6 Step left across right, hold
- 7-8 Step right across left, hold

Hands: in every cross step, put your hands to side in opposite direction (as crossing foot) in shoulder level

CROSS ROCK STEPS, HABANERA TURN

- 1-4 Step left across right, change weight back to the right foot, repeat
- 5-8 Step left to side, hold and turn ¼ right with left ball (slow), step right foot forward and turn ½ turn to right, hold (slow)
- 9-10 Step left to side, step right together(quick, quick)

CROSS ROCK STEPS, HABANERA TURN

- 1-4 Step left across right, change weight back to the right foot, repeat
- Step left back(in extended 5th position), step right forward and a little right, turn 1/2 turn to 5-8 right with right foot. Rhythm: slow, slow
- 9-10 Step left to side, step right together(quick, quick)

STEP FORWARD, TURN ½ LEFT WITH TOE TAPS, BASIC FINNISH TANGO STEP

- 1-4 Step left forward, turn 1/2 left and knock back right toes on the floor 3 times. Thighs are together. Put your left hand to the left waist and lift your right hand up as doing toe taps
- 5-10 Step right forward, hold, step left forward, hold, step right forward, step left together. Rhythm: slow slow quick quick

STEP FORWARD, TURN 1/2 RIGHT WITH TOE TAPS, SLOW WALKS

- Step right forward, turn 1/2 right with right foot and knock back left toes on the floor 3 times. 1-4 Thighs are together. Put your right hand to your right waist, lift your left hand up as doing toe taps
- 5-8 Step left forward, hold, step right forward, hold. Rhythm: slow, slow

WEAVE, CROSS STEP WITH TURNS

- 1-6 Step left across right, step right to side, step left behind right, step right to side, step left across right, step right to side
- 7-10 Step left foot behind right(long step) and turn ¼ left, hold, step right forward and turn ¼ right, hold

REPEAT

FINISH

You dance steps 4 times in music. And in the last step turn ¼ more right and hook left knee, extend left leg back with tights together



牆數:4

TAG

If you dance this to Hause's music of La Cumparsita, there is one tag after 3rd repetition: 4 counts: step left across right and turn full turn to right, weight is in the right foot at the end. Start then again from the beginning.